



Chesterbrook Academy Aldie

September 25 - 29 , 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Muffin**, Cheese, Milk

LUNCH: **Cantaloupe, Blueberries**, BBQ Chicken, Corn Bread, **String Beans (VO- Vegetarian Crumbles)**, Milk

PM SNACK: Yogurt, Granola

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Meat Loaf, **(VO- Vegetarian Burger)**, **Mixed Fruit, Broccoli**, Milk

PM SNACK Short Bread Biscuit, Cream Cheese

THURSDAY

AM SNACK: **WG Waffles**, Maple Syrup, Milk

LUNCH: **WG Wrap, Turkey and Cheese, (VO- Veggie Bites)**, Apple Slices, Milk

PM SNACK: Pumpkin Pie Hummus, **WG Flatbread**

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Fish Sticks, **Corn, Bananas**, Milk

PM SNACK: **Crackers**, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.