# OCTOBER 2023



#### **Important Dates**

October 2-6 – LLS Penny Wars Fundraiser

October 9 – LCPS Closed – SA drop in care available

October 9-13 – LLS Spirit Week

October 13 - LLS Walk

October 21 - Fall Festival/ Open House 10am -1 pm

October 26- Read for the Record

October 31 - Halloween, Trunk or Treat

End-of-month folders go home

#### **Did You Know?**

Research shows that students who are exposed to opportunities for creative expression are four times more likely to be recognized for academic achievement later in life.

As we kick start the month of October, I wanted to take a moment to reflect on the changing seasons and the wonderful opportunities that await our students. Fall offers the perfect backdrop for learning. Our students will explore the outdoors and feel the crisp air as they participate in memorable, seasonal activities. We have many exciting things planned this month, including pumpkin decorating, our costume parade, and more. We will keep you updated via Links to Home. Thank you for entrusting us with your child's education. We look forward to a season filled with growth, learning, and fun.

## **Fall Festival & Open House**

Do you know a colleague who has recently had a baby, a friend in need of care who just relocated to the area, or a family member who is seeking a new preschool for their child? Invite them to our Fall Festival/Open House on

October 21<sup>st</sup> from 10am-1pm.
We will have games, prizes, a visit from Spiderman, Snow White, and Fire fighters with their Fire Trucks and more. When you refer a friend and they enroll, you're eligible for a free week of tuition. Ask us for details!

### **Chesterbrook LLS Walk Fundraiser**

Chesterbrook Aldie has formed a fundraising walk team for The Leukemia & Lymphoma Society's (LLS) Light The Night. The walk is **October 13**, **2023.** Register today to join our team or make a donation and help fund cancer cures! We would love to have your family and friends join Team Chesterbrook Aldie and sign up to walk with us. Signing up is free! Share our link to help us reach our fundraising goal of \$1500.

https://pages.lls.org/ltn/nca/NorthVA23/TeamChesterbrookAldie

About Light The Night At The Leukemia & Lymphoma Society's Light The Night we gather as a community to celebrate, honor, and remember those touched by blood cancers. Friends, families, schools, corporate teams, and sponsors join together to bring light to the darkness of cancer. The funds raised by this community fund lifesaving research, advocacy and support for blood cancer patients and their families. Join us in the fight to cure cancer!

## Join Us for Our Virtual Parenting Workshop About Managing Big Emotions October 3 at 4PM PDT / 7PM EST

Young children can quickly become overwhelmed by big feelings that lead to crying, meltdowns, aggression, and other challenging behaviors. Learn ways to teach your child to develop coping skills and manage disappointment. Help them handle separation anxiety and other worries while establishing self-soothing techniques. Sign up at: <a href="https://conta.cc/47XmCrZ">https://conta.cc/47XmCrZ</a>