



# OCTOBER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	Cereal <sup>2</sup>	Waffles <sup>3</sup>	Raisin Bread <sup>4</sup>	Applesauce <sup>5</sup>	Oatmeal Bars <sup>6</sup>
<b>Lunch</b>	Meatloaf, Mixed Vegetables, Pineapple & Milk	Crunchy Chicken Wraps, Sweet Potato Puffs, Pears & Milk	Grilled Cheese, Tater Tots, Peaches & Milk	Beef Stroganoff, Carrots, Pineapple & Milk	Pizza, Salad, Mixed Fruit & Milk
<b>PM Snack</b>	Educational Snacks	Cucumbers & Ranch	String Cheese & Ritz Crackers	Oatmeal Cookies	Goldfish
<b>AM Snack</b>	Yogurt <sup>9</sup>	Muffins <sup>10</sup>	Bananas <sup>11</sup>	Cereal <sup>12</sup>	Pancakes <sup>13</sup>
<b>Lunch</b>	Fish Nuggets, Corn, Mixed Fruit & Milk	Mini Ravioli, Broccoli, Peaches & Milk	Cheeseburgers, Peas, Pears & Milk	Mac & Cheese, Mixed Vegetables, Pineapple & Milk	Quesadilla, Green Beans, Mandarin Oranges & Milk
<b>PM Snack</b>	Chocolate Bears	Sports Bites	Educational Snacks	Apples & Sunbutter	Ritz Crackers
<b>AM Snack</b>	Raisin Bread <sup>16</sup>	Applesauce <sup>17</sup>	Oatmeal Bars <sup>18</sup>	Waffles <sup>19</sup>	Yogurt <sup>20</sup>
<b>Lunch</b>	Turkey & Cheese Roll ups, Mixed Vegetables, Mixed Fruit & Milk	Pasta w/Red Sauce, Salad, Pears & Milk	Chicken Patty, Carrots, Peaches, & Milk	Meatloaf, Corn, Mandarin Oranges & Milk	Beef Stroganoff, Broccoli, Pears & Milk
<b>PM Snack</b>	Oatmeal Cookies	Goldfish	Cucumbers & Ranch	Animal Crackers	String Cheese
<b>AM Snack</b>	Muffins <sup>23</sup>	Cereal <sup>24</sup>	Pancakes <sup>25</sup>	Fresh Fruit <sup>26</sup>	Oatmeal Bars <sup>27</sup>
<b>Lunch</b>	Chicken Nuggets, Sweet Potato Puffs, Pineapple & Milk	Fish Nuggets, Tater Tots, Peaches & Milk	Grilled Cheese, Mixed Vegetables, Pears & Milk	Crunchy Chicken Wraps, Corn, Mixed Fruit & Milk	Mini Ravioli, Broccoli, Mandarin Oranges & Milk
<b>PM Snack</b>	Educational Snacks	Apple Slices	Goldfish	Cucumbers & Ranch	Animal Crackers
<b>AM Snack</b>	Applesauce <sup>30</sup>	Yogurt <sup>31</sup>			
<b>Lunch</b>	Pizza, Carrots, Pears & Milk	Quesadilla, Green Beans, Pineapple & Milk			
<b>PM Snack</b>	Ritz Crackers	Chocolate Bears			