



September 2023 Snack Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------|-----------------------------------|----------------------------------|--------------------------------------|-------------------------------|--------------------------------|
| AM Snack | | | | | Muffins ¹ |
| PM Snack | | | | | Teddy Graham Crackers |
| AM Snack | NO SCHOOL ⁵ | French Toast Sticks ⁶ | Pancakes ⁷ | Cereal with milk ⁸ | Pears ⁹ |
| PM Snack | LABOR DAY | Berries | Trail Mix | Mandarin Oranges | Whole Grain Goldfish |
| AM Snack | French Toast Sticks ¹¹ | Cereal with milk ¹² | Beagles & Cream Cheese ¹³ | Waffles ¹⁴ | Apples ¹⁵ |
| PM Snack | Peaches | Maple Crackers | Wheat Thins & Cheese Sticks | Blue Berry & Lemon Crisps | Vanilla Pudding |
| AM Snack | Yogurt ¹⁸ | Mandarin Oranges ¹⁹ | Cereal with milk ²⁰ | Apples ²¹ | Muffins ²² |
| PM Snack | Blue Berry & Lemon Crisps | Trail Mix | Teddy Graham Crackers | Berries | Hummus & Wheat Thins |
| AM Snack | Peaches ²⁵ | Cereal with milk ²⁶ | Pancakes ²⁷ | Oat Meal Bar ²⁸ | Mandarin Oranges ²⁹ |
| PM Snack | Vanilla Pudding | Pears | Whole Grain Goldfish | Maple Crackers | Blue Berry & Lemon Crisps |