



# September 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4	5	6	7	8
AM Snack		Cereal Bars	Cereal and Milk	Yogurt	Bagels and Jelly
Lunch	<b>CENTER CLOSED</b>	Chicken nuggets, Oranges, and broccoli	Mac and Cheese, Carrots, and Pears	French Toast, Green Beans, and Diced Peaches	Cheese Quesadilla, Corn, and Applesauce
PM Snack		Goldfish	Vanilla Cookies	Apple Slices and Graham Crackers	Strawberry Waffle Grahams
	11	12	13	14	15
AM Snack	Corn Muffins	Oatmeal Breakfast Cookies	English Muffins and Jelly	Apple Cinnamon Loaves	Cereal and Milk
Lunch	Pizza, Mixed Fruit, and Salad with Ranch Dressing	Sloppy Joes, Peas, and Apple Slices	Chicken Patty, Green Beans, and Pineapple	Corn Bread Poppers, Corn, and Peaches	French Toast Sticks, Broccoli, and Mandarin Oranges
PM Snack	Animal Crackers	Cucumbers and Ranch	Cheese Sticks and Ritz Crackers	Mixed Berries and Graham Crackers	Pretzels
	18	19	20	21	22
AM Snack	Bananas	Cereal and Milk	Corn Muffins	Yogurt	Bagels and Jelly
Lunch	Buttered Noodles, Mixed Veggies, and Pineapples	Beef Tacos, Corn, Mixed Fruit	Pancakes, Sausage Patties, and Mandarin Oranges	Fish Sticks, Peas, and Apple Slices	Waffles, Carrots, and Applesauce
PM Snack	Veggie Crackers	Vanilla Pudding	Animal Crackers	Sport crackers	Goldfish
	25	26	27	28	29
AM Snack	Lemon Blueberry Bites	Cereal with Milk	Cereal Bars	Applesauce	Corn Muffins
Lunch	Grilled Cheese, Salad with Ranch Dressing, Pears	Cheesey Chicken and Rice, Mixed Fruit, and Peas	Chicken Nuggets, Green Beans, and Peaches	Pizza Sticks, Corn, Mixed Berries	Beef with Broccoli and Mangoes
PM Snack	Yogurt and Fruit	Pretzels	Cheese Sticks and Ritz Crackers	Graham Crackers and Mixed Berries	Dino Bites
	2	3	4	5	6
AM Snack	English Muffins with Jelly	Bananas	Applesauce Cups	Corn Muffins	Oatmeal Breakfast Cookies
Lunch	Diced Turkey with Gravy, Rice, and Pineapples	Mac and Cheese, Peas, and Apple Slices	Pancakes, Peaches, and Corn	Chicken Patty Sandwich, Salad with Ranch Dressing, Mixed Fruit	Turkey & Cheese Roll Ups, Oranges, and Green Beans
PM Snack	Carrot Sticks and Ranch	Goldfish	Cheezits	Animal Crackers	Veggie Crackers