



September 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	**Menu is subject to change				1
Lunch	Milk is served AM snack and Lunch				School is closed for Teacher Set-Up Day
PM Snack	Water is served with PM snack				
AM Snack	4	5	6	7	8
		Apple cinnamon muffin	Cereal	Graham crackers & sunbutter	Lemon & blueberry bites
Lunch	School Closed for Labor Day	Sunbutter & jelly sandwich, corn, and fruit	Cheese quesadilla, carrots, and fruit	Mac & cheese, peas, and fruit	Chicken nuggets, corn, and fruit
PM Snack		Cheez-its	Pretzel wheels	Fresh apple slices	Pretzels and cheese dip
AM Snack	11	12	13	14	15
	Chef surprise!	Blueberry muffin	Yogurt	English muffin & apple butter	Cereal
Lunch	Chicken fajitas, corn, and fruit	Chicken patty, corn, and fruit	French toast sticks, turkey sausage, and fruit	Chicken tenders, mixed veggies, and fruit	Pizza, peas, and fruit
PM Snack	Strawberry waffle grahams	Goldfish	Veggie crackers	Cheese & crackers	Oatmeal cookie
AM Snack	18	19	20	21	22
	Cereal	Bagel with cream cheese	Fresh banana	Chocolate chip muffin top	Blueberry oatmeal bar
Lunch	Mozzarella sticks, carrots, and fruit	Turkey burgers, vegetarian beans , and fruit	Chicken nuggets, peas, and fruit	Waffle sticks, yogurt, and fruit	Pasta with red sauce, peas, and fruit
PM Snack	Cheez-its	Applesauce and crackers	Teddy grahams	Sports bite crackers	Vanilla wafers
AM Snack	25	26	27	28	29
	Lemon & blueberry bites	Graham crackers and sunbutter	Yogurt	Blueberry muffin	Bagel with cream cheese
Lunch	Chicken parmesan, carrots, and fruit	Sunbutter & jelly sandwich, corn, and fruit	Whole wheat pancakes, vegetarian sausage, and fruit	Buttered noodles, carrots, and fruit	Turkey Roll-Ups, green beans and fruit
PM Snack	Chef's surprise!	Cheese sticks and raisins	Fresh bananas	Pudding	Vanilla wafers