



# Chesterbrook Academy Aldie

October 16 - 20, 2023

## MONDAY

**AM SNACK:** Manager's Choice

**LUNCH:** Manager's Choice

**PM SNACK:** Manager's Choice

## TUESDAY

**AM SNACK:** **WG Waffles**, Syrup, Milk

**LUNCH:** Tomato Soup, **Carrots, Peas**, Milk

**PM SNACK:** Chips, Salsa

## WEDNESDAY

**AM SNACK:** **WG Cereal**, Milk

**LUNCH:** Chicken, **(VO- Vegetarian Nuggets)**, Baked Beans, **Pineapple**, Milk

**PM SNACK** Strawberry Waffle Grahams

## THURSDAY

**AM SNACK:** **WG Blueberry Muffins**, Milk

**LUNCH:** **WG Pasta, Veggie Sauce**, Broccoli, Strawberries, Milk

**PM SNACK:** Fruit Bar

## FRIDAY

**AM SNACK:** **WG Cereal**, Milk

**LUNCH:** Turkey & Cheese Sandwich, **Bananas**, Corn Milk

**PM SNACK:** **Bananas**

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

**Red text = vegetarian option.**

**Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.**