



Chesterbrook Academy Aldie

October 23 - 27 , 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Muffin**, Milk

LUNCH: **WG Ravioli with Cheese, Salad**, Carrots, Mandarin Oranges, Milk

PM SNACK: Shortbread Bites

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: **VO- Vegetarian Chili, Corn**, Cornbread, Applesauce, Milk

PM SNACK Fruit Bar

THURSDAY

AM SNACK: Yogurt and Blueberries, Milk

LUNCH: **Meatloaf and Gravy, Veggie Burger**, Mashed Potatoes, Peaches, Milk

PM SNACK: Graham Crackers, Apple Butter

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Turkey and Cheese Sandwich, **Green Beans, Bananas**, Milk

PM SNACK: Goldfish

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.