



Chesterbrook Academy Aldie

October 9 - 13 , 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **WG Blueberry Muffin**, Milk

LUNCH: Grilled Chicken Patty, **(VO- Vegetarian Nuggets)**, **Mixed Vegetables**, **Mandarin Oranges**, Milk

PM SNACK: Crackers, Cheese

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Pasta w/ Cheese & Turkey, **Green Beans**, **Peaches**, Milk

PM SNACK **Graham Crackers**, Cream Cheese

THURSDAY

AM SNACK: **WG Apple Muffin**, Milk

LUNCH: Chicken Salad, **WG Crackers**, **Corn**, **Tropical Fruit**, Milk

PM SNACK: Sports Bites, Apple Butter

FRIDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Sun butter and Jelly Sandwich, **Carrots**, **Bananas**, Milk

PM SNACK: Bagel with Strawberry Cream Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.