

November 2023 Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	**Menu is subject to change		1 Cereal	2 Bagel with cream cheese	3 Cereal
Lunch	Milk is served with AM Snack and Lunch		Buttered noodles, carrots, and fruit	Chicken patty, vegetarian beans, and fruit	Chicken and rice, and fruit
PM Snack	Water is served with PM snack		Fresh apple slices	Sports bite crackers	Strawberry waffle grahams
	6	7	8	9	10
AM Snack	Strawberry cereal bar	Apple cinnamon muffin	Cereal	Graham crackers & sunbutter	
Lunch	Fish sticks, tater tots, and fruit		Cheese quesadilla, carrots, and fruit	Mac & cheese, peas, and fruit	Teacher Professional Development Day School Closed
PM Snack	Oatmeal cookie	Cheez-its	Pretzel wheels/godfish toddlers	Bananas	
AM Snack	13 Chef surprise!	14 Blueberry muffin	15 Yogurt	Thanksgiving treats	17 Cereal
Lunch	Turkey & cheese roll-up, mixed veggies, and fruit	lChicken natty corn and truit	French toast sticks, turkey sausage, and fruit	Thanksgiving Feast - turkey, mashed potatoes with gravy, corn, and fruit	Pizza, peas, and fruit
PM Snack	Strawberry waffle grahams	Goldfish	Veggie crackers	Thanksgiving Pies	Oatmeal cookie
AM Snack	20 Cereal	21 Bagel with cream cheese	22 Cereal	23	24
Lunch	Mozzarella sticks, green beans, and fruit	Chicken nuggets, peas, and fruit	Cheese croisant sandwiches, carrots, and fruit	Thanksgiving Day	Black Friday
PM Snack	Cheez-its Cheez-its	Applesauce and crackers	Teddy grahams	School Closed	School Closed
	27	28	29	30	
AM Snack	Lemon & blueberry bites	Graham crackers and sunbutter	Yogurt	Blueberry muffin	
Lunch	Chicken parmesan, carrots, and fruit	Sunbutter & jelly sandwich, corn, and fruit	Whole wheat pancakes, vegetarian sausage, and fruit	Pizza, tater tots, and fruit	
PM Snack	Chef's surprise!	Cheese stick and raisins	Vanilla wafers	Pudding	