



October 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Honey graham squares cereal 2	Blueberry muffin 3	Strawberry oatmeal bar 4	Bagel with apple butter 5	Corn flakes 6
Lunch	Pizza, broccoli, and mandarin oranges	Breaded chicken patty, tater tots, and fruit	Turkey slider, mixed veggies, and pineapple tidbits	Mac & cheese, peas, and fresh banana	Chicken nuggets, corn poppers, and diced pears
PM Snack	Cheez-its	Oatmeal cookie	Chips & salsa	Sportsbites	Graham crackers & sunbutter
AM Snack	Chef's surprise! 9	Cornbread loaf and butter 10	Corn flakes 11	Yogurt 12	Honey graham squares 13
Lunch	Tasty toasty grilled cheese, string beans, and mandarin oranges	Chicken parm sandwich, broccoli, fresh banana	Buttered pasta, peas, and mixed fruit	Turkey & cheese roll ups, sweet potato bites, and apple slices	Fish sticks, tater tots, and fruit
PM Snack	Cheese stick & raisins	Pretzel wheels	Applesauce	Goldfish	Ice cream
AM Snack	Rice chex cereal 16	English muffin and jelly 17	Kix cereal 18	Banana muffin 19	Rice chex cereal 20
Lunch	Bean & cheese quesadilla, corn, and fruit	Chicken & waffles, string beans, and diced peaches	Pasta italiano, zucchini slices, apples	Mac & cheese, peas, and fresh banana	Chicken stirfry, veggie blend, and mandarin oranges
PM Snack	Veggie crackers	Cucumber & ranch dressing	Oatmeal cookie	Blueberry lemon bites	Yogurt
AM Snack	Chef's surprise! 23	Yogurt 24	Fresh banana 25	Chocolate chip muffin top 26	Kix cereal 27
Lunch	Pizza, broccoli, and fresh clementines	Breaded chicken patty, sweet potato bites, and fruit	Turkey slider, mixed veggies, and pineapple tidbits	Mac & cheese, peas, and fresh banana	Chicken nuggets and corn poppers, baked beans, and diced pears
PM Snack	Applesauce	Applesauce and crackers	Cheez-its	Fresh banana	Pretzel wheels
AM Snack	Honey graham squares 30	Yogurt 31			**Menu is subject to change
Lunch	Tasty toasty grilled cheese, string beans, and mandarin oranges	Whole wheat pancakes, vegetarian sausage, and fruit			Milk is served with AM Snack and Lunch
PM Snack	Chef's surprise!	Pudding			Water is served with PM Snack