



October Menu 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Oatmeal Bars 3	Yogurt 4	Cereal and Milk 5	Muffins 6	Oatmeal Bar 7
Lunch	Grilled Cheese, Mixed Veggies, Peaches and Milk	Fish Sticks, Carrots, Applesauce and Milk	Chicken Nuggets, Peas, Pears and Milk	Tacos, Corn, Pineapple and Milk	Pizza, Green Beans, Mandarin Oranges and Milk
PM Snack	Lemon Blueberry Crisps	Goldfish	Bear Grahams	Oatmeal Cookie and Milk	Waffle Grahams
AM Snack	Oatmeal Bars 10	Yogurt 11	Cereal and Milk 12	Muffins 13	Cereal and Milk 14
Lunch	Waffles, Hashbrowns, Mixed Fruit	Hamburger, Sweet Potato Fries, Peaches and Milk	Unbreaded Chicken Nuggets, Mixed Veggies, Applesauce and Milk	Mac and Cheese, Broccoli, Pears and Milk	Deli Stackers, Carrots, Pineapple and Milk
PM Snack	Crackers and Cheese	Apple Slices	Veggie Crackers	Applesauce	Sport Bites
AM Snack	Oatmeal Bars 17	Yogurt 18	Cereal and Milk 19	Muffins 20	Oatmeal Bars 21
Lunch	Cheese Quesadilla, Corn, Mandarin Oranges and Milk	Chicken Sandwich, Peas, Mixed Fruit and Milk	Diced Turkey, Rice, Peaches and Milk	Meatloaf, Green Beans, Pineapple and Milk	Turkey and Cheese Roll ups, Broccoli, Pears and Milk
PM Snack	Goldfish	Lemon Blueberry Crisps	Bear Grahams	Oatmeal Cookie and Milk	Waffle Grahams
AM Snack	Oatmeal Bars 25	Yogurt 26	Cereal and Milk 27	Muffins 28	Cereal and Milk 29
Lunch	Grilled Cheese, Mixed Veggies, Peaches and Milk	Fish Sticks, Carrots, Applesauce and Milk	Chicken Nuggets, Corn, Pears and Milk	Mac and Cheese, Peas, Pineapple and Milk	Pizza, Green Beans, Mandarin Oranges and Milk
PM Snack	Apple Slices	Crackers and Cheese	Veggie Crackers	Applesauce	Sport Bites













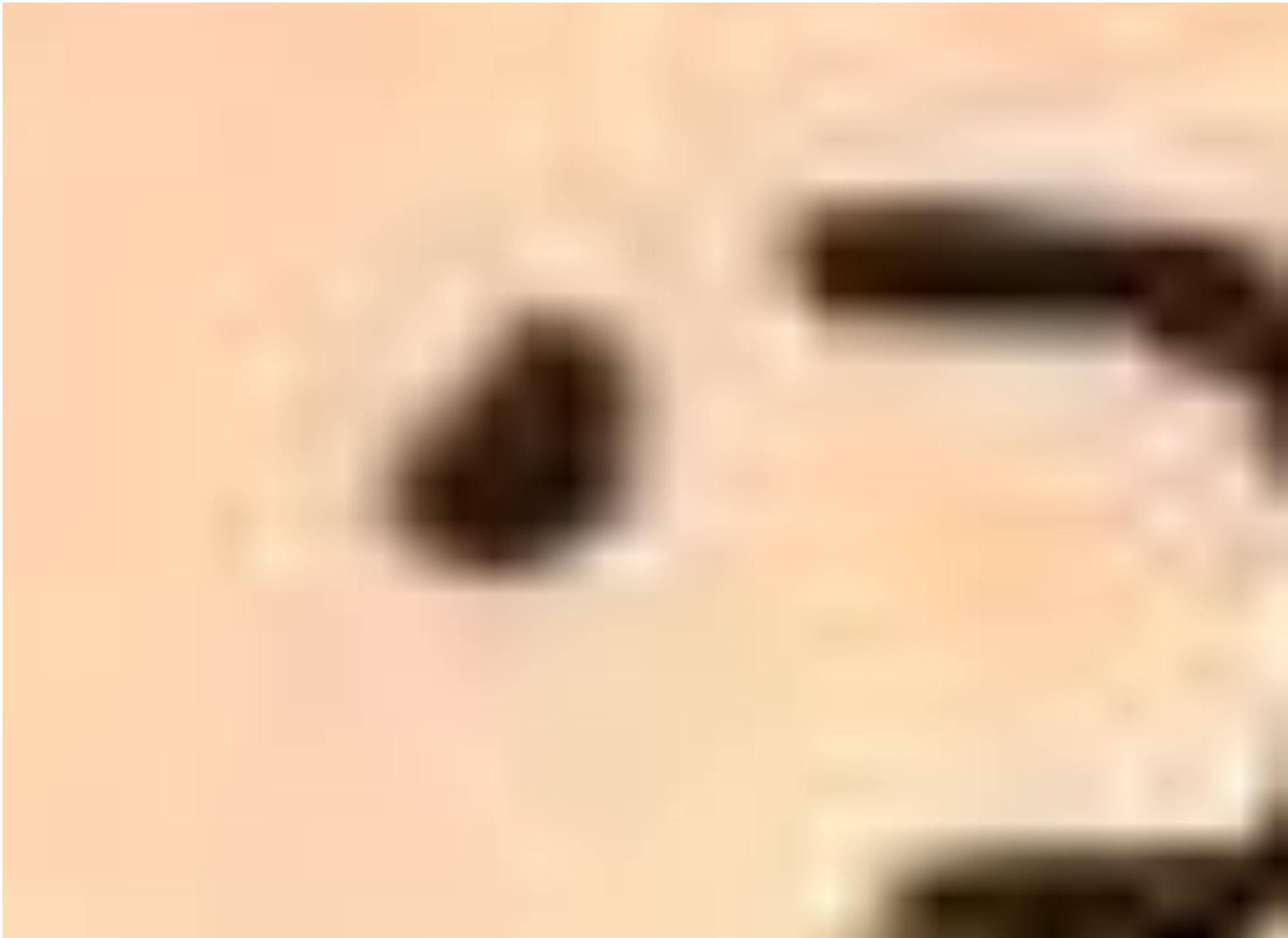






Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597







Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597



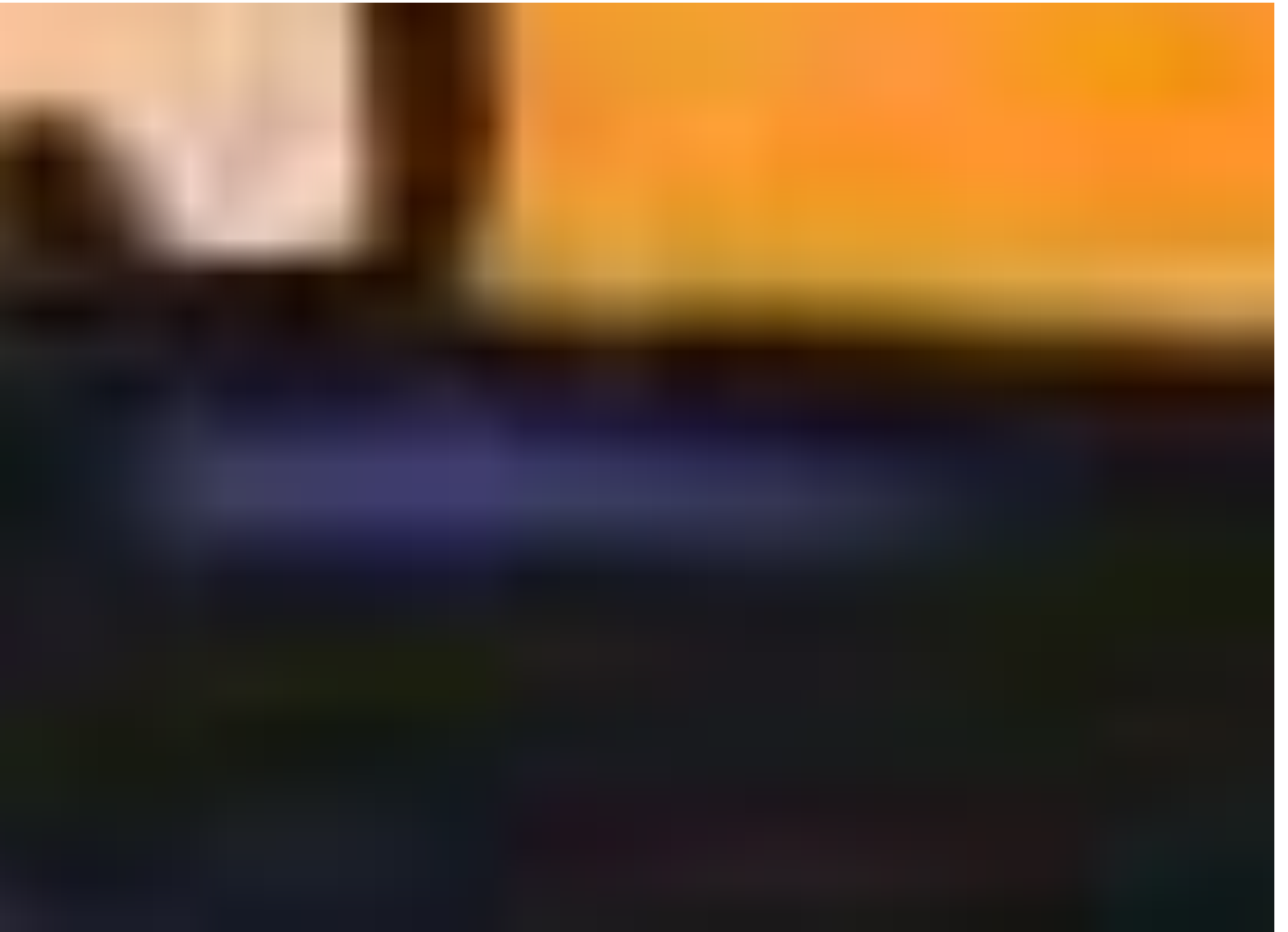




Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597



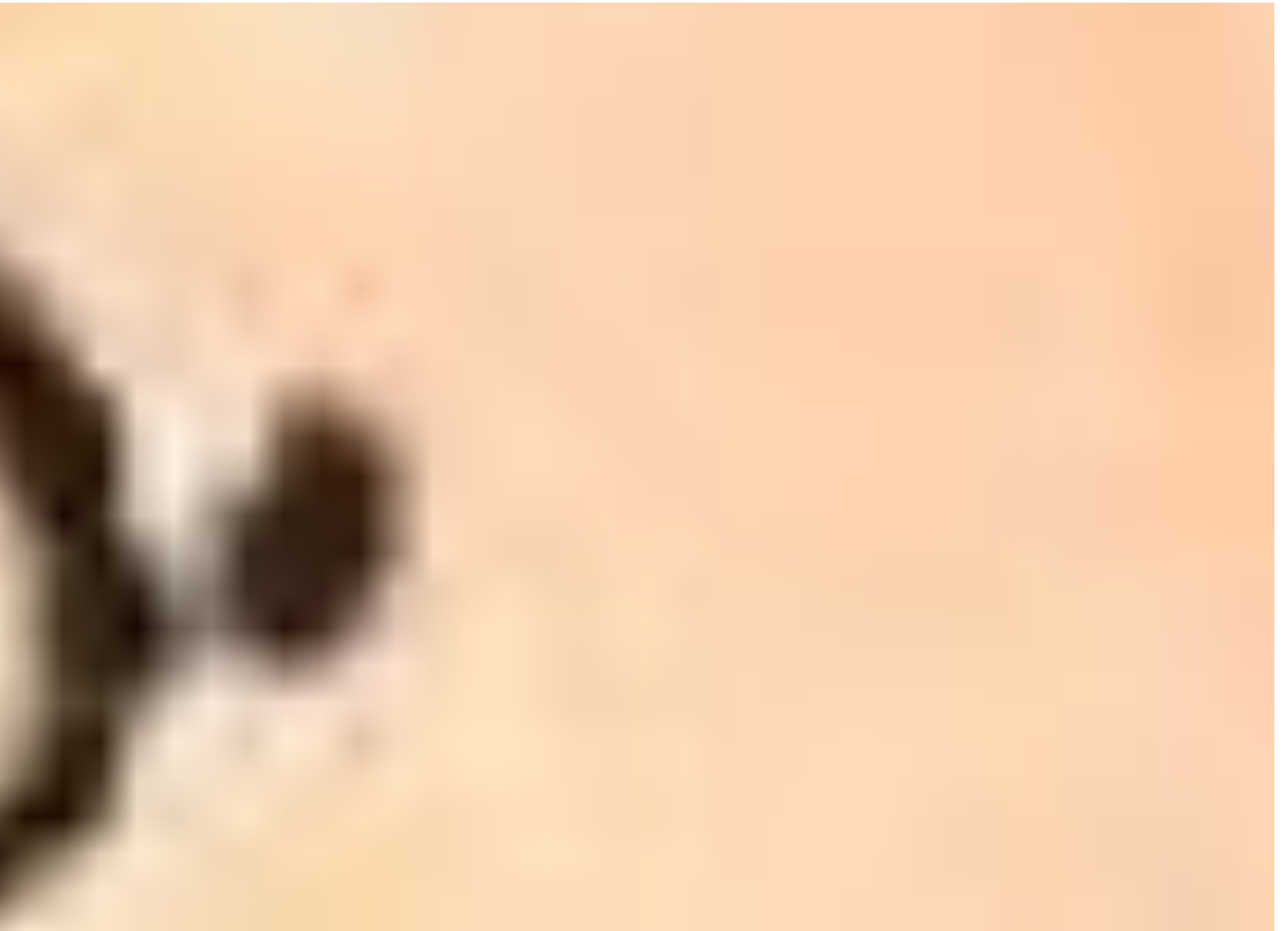
Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597





Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597













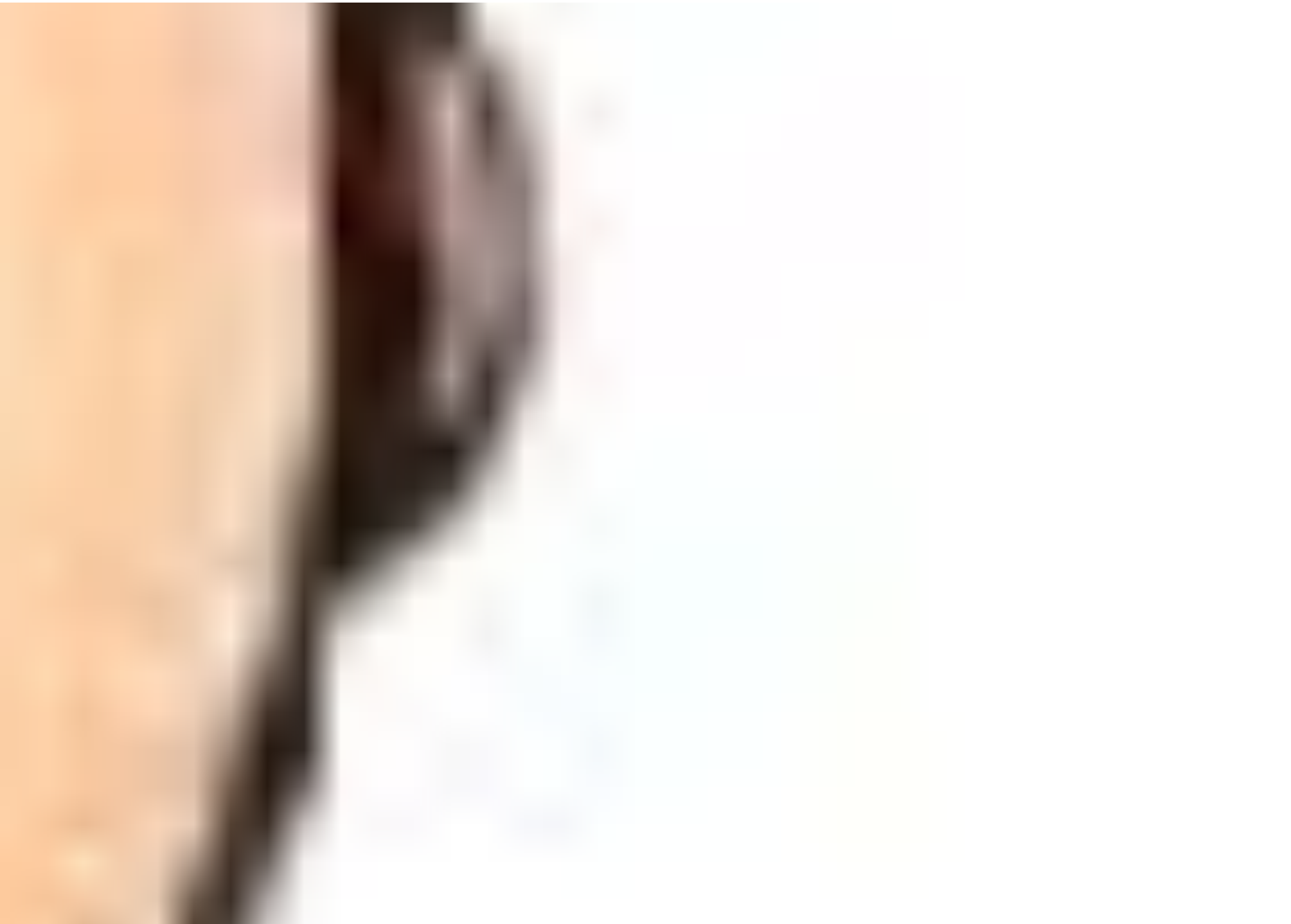


Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597



























Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597













Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597





Chesterbrook Academy • 3822 Germantown Pike • Collegeville, PA • 610-454-9597





