



October 2023



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Cereal and Milk 2	Oatmeal bars 3	Bagels and Milk 4	Teddy Grahams 5	
Lunch	Sunbutter and Jelly Sandwiches, String beans Applesauce and Milk	Chicken Parm, Carrots, Tropical fruit and Milk	Sloppy Joe, Mixed Veggies, Mangos and Milk	Asian Dumplings, Peas, Peaches and Milk	Chef's Choice
PM Snack	Educational Crackers 9	Goldfish 10	Cucumbers and ranch 11	Sports Bites 12	
AM Snack	Cereal and Milk 9	Yogurt and Milk 10	Waffle Grahams and Milk 11	Pancakes and Milk 12	Cereal and Milk 13
Lunch	English muffin Pizza, Carrots, Peaches	BBC chicken, Broccoli, Pineapples and Milk	Brunch, Potato bites, Tropical fruit and Milk	Lasagna Roll up, Peas, Applesauce and Milk	Fish sticks, String beans, Peas and Milk
PM Snack	Oatmeal Cookies 16	Pretzel Goldfish 17	Lemon Blueberry Crisp 18	Animal Crackers 19	Cheese stick and crackers 20
AM Snack	Cereal and Milk 16	Muffin Loaf and Milk 17	French Toast and Milk 18	Yogurt and Milk 19	
Lunch	Buttered Noodles, Corn, Mixed fruit and Milk	Hamburgers, Carrots, Oranges, and Milk	Chicken Dippers, String beans, Peaches and Milk	Pizza cruncher, Broccoli, Mangos and Milk	Chef's Choice
PM Snack	Educational Crackers 23	Sport Bites 24	Champs Crackers 25	Pretzel Goldfish 26	
AM Snack	Cereal and Milk 23	Bananas and milk 24	Oatmeal Bar and Milk 25	Pancakes and Milk 26	Cereal and Milk 27
Lunch	Grilled Cheese, Carrots, Oranges and Milk	Tacos, Corn, Tropical fruit and Milk	Meaty Pasta, Peas, Pears and Milk	Chicken Drumsticks, Sting beans, Peaches and Milk	Turkey and Cheese, Mixed veggies, Applesauce and Milk
PM Snack	Carrots and Creamcheese 30	Animal Crackers 31	Savory Pizza Bites 31	Cheese Sticks 31	Champs Crackers
AM Snack	Cereal and Milk 30	French Toast Sticks 31			
Lunch	Sunbutter and Jelly, String beans Applesauce and Milk	Macaroni and cheese, Peas, Pineapples			
PM Snack	Graham crackers	Maple Bites			