SPRING ED DECEMBER 2023

WEEK 1							
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Dates:					12/1/2023		
AM SNACK:							
Milk					Whole Milk (age 1) or		
					Low/Fat Free Milk (age 2+)		
Fruit/Vegetable Grain					Vanilla Vogurt		
Extra/Protein					Vanilla Yogurt		
LUNCH:							
LONCH:							
					Ravioli		
Milk					Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Fruit					Applesauce		
Vegetable					Mixed veggies		
Grain							
Meat/Meat Alt					WG Jumbo Ravioli		
Extra							
PM SNACK:							
Milk/Water							
Fruit							
Vegetable Grain					Coft Drotteral Dard		
Meat/Meat Alternate					Soft Pretzel Rod		
Extra							
WEEK 2							
		WE	EK 2				
MEAL PATTERN	MONDAY	WE	EK 2 WEDNESDAY	THURSDAY	FRIDAY		
MEAL PATTERN	MONDAY 12/4/2023			THURSDAY 12/7/2023	FRIDAY 12/8/2023		
		TUESDAY	WEDNESDAY				
Dates: AM SNACK:		TUESDAY	WEDNESDAY				
Dates: AM SNACK: Milk	12/4/2023	TUESDAY 12/5/2023	WEDNESDAY 12/6/2023	12/7/2023	12/8/2023		
Dates: AM SNACK: Milk Fruit/Vegetable	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Dates: AM SNACK: Milk Fruit/Vegetable Grain	12/4/2023 Whole Milk (age 1) or	TUESDAY 12/5/2023 Whole Milk (age 1) or	WEDNESDAY 12/6/2023 Whole Milk (age 1) or	12/7/2023 Whole Milk (age 1) or	12/8/2023 Whole Milk (age 1) or		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Dates: AM SNACK: Milk Fruit/Vegetable Grain	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH:	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Ukole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Ukole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty Turkey Sausage	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles Marinara Sauce	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots Chicken Drummies	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK:	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty Turkey Sausage	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles Marinara Sauce	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots Chicken Drummies	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water Fruit	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty Turkey Sausage Cuke Sandwich	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles Marinara Sauce	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots Chicken Drummies	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake United Wilk (age 1) or Low/Fat Free Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites Diced Turkey Ham		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water Fruit Vegetable	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty Turkey Sausage Cuke Sandwich Cucumber Slices	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles Marinara Sauce School Made Trail Mix	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots Chicken Drummies Zoo Dippers	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans Pizza Crunchers	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake Turkey Ham Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites		
Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water Fruit	12/4/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Toasted Oats Cereal Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Peaches Hashbrown Potato Patty Turkey Sausage Cuke Sandwich	TUESDAY 12/5/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Blueberry Muffin Italian Beef Sandwich Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Fruit Cocktail Sweet Peas WG Hot Dog Roll Beef Crumbles Marinara Sauce	WEDNESDAY 12/6/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Waffle Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Diced Pears Diced Carrots Chicken Drummies	12/7/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Mini Spooner Cereal Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+) Mandarin Oranges Stringbeans	12/8/2023 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Pancake United Wilk (age 1) or Low/Fat Free Milk (age 1) or Low/Fat Free Milk (age 2+) Applesauce Sweet Potato Bites Diced Turkey Ham		



Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
The fruit component at lunch may be substituted by an additional vegetable.
Page 1 of 3

SPRING ED DECEMBER 2023

WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/11/2023	12/12/2023	12/13/2023	12/14/2023	12/15/2023
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG French Toast Sticks	WG Rice Crisp Cereal	English Muffin	WG Cereal Oatmeal Bar	WG Apple Cinnamon Loaf
Extra/Protein			Sunbutter		
LUNCH:					
	Grilled Cheese	Taco Tuesday	Cheeseburger	Chicken Patty	Sunbutter & Jelly
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Diced Pears	Diced Peaches	Pineapple Tidbits	Banana
Vegetable	Broccoli	Corn	Tater Tots	Diced Carrots	Cucumbers
Grain		WG Tortilla	WG Hamburger Roll		
Meat/Meat Alt	Grilled Cheese	Turkey Taco Entrée	Cheeseburger	WG Breaded Chicken Patty	
Extra		Shredded Cheese			
PM SNACK:					
Milk/Water					
Fruit		Applesauce			
Vegetable					Holiday Dinner
Grain	Chex Mix	Graham Crackers	Cheezit Crackers	Wheat Crackers	
Meat/Me <mark>at Alterna</mark> te	Vanilla Yogurt			String Cheese	
Extra					
		WE	EK 4		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/18/2023	12/19/2023	12/20/2023	12/21/2023	12/22/2023
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Fruit/Vegetable	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+) Jelly	
Grain	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	English Muffin	
Grain Extra (Dratain	wG Toasted Oats Cereal	wg Pancake	wo kice crisp cereal	English Muttin	

Extra/Protein				
UNCH:				
	BBQ Slider	Philly Cheesesteak	Cheesy Mac	Stir Fry
Milk				
Fruit	Diced Pears	Applesauce	Diced Peaches	Pineapple Tidbits
Vegetable	Corn	Salad	Sweet Peas	Stir Fry Blend
Grain	WG Slider Roll		WG Elbow Macaroni	Rice
Meat/Meat Alt	BBQ Shredded Chicken	Diced Turkey Ham		Chicken Strips
Extra	Cheese Sauce	Ranch	Cheese Sauce	Teriyaki sauce
PM SNACK:				

Banana Sushi Roll Cuke Sandwich Milk/Water Fruit 1/2 Banana Vegetable **Cucumber Slices** WG Tor<mark>tilla</mark> WG Flatbread Shortbread Bites Grain WG Apple Cinn Grahams Meat/Meat Alternate Sunbutter Extra Ranch

CLOSED

WEEK 5						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	12/25/2023	12/26/2023	12/27/2023	12/28/2.23	12/29/2023	
1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. 2. The fruit component at lunch may be substituted by an additional vegetable.					NOVICK	
age 2 of 3				C	HILDCARE SOLUTIONS	

SPRING ED DECEMBER 2023

AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable				Frozen Blueberries	Mango
Grain	CLOSED	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	Vanilla Yogurt
Extra/Protein					
LUNCH:					
		Breakfast Sandwich	Chicken Dippers	Mom's Meatloaf	Stuffed Crusts
Milk		Whole <mark>Mil</mark> k (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	CLOSED	Applesauce	Mandarin Oranges	Diced Peaches	Diced Pears
Vegetable		Diced Carrots	Mixed Veggies	Mashed Potatoes	String Beans
Grain		WG English Muffin			Pizza Max Sticks
Meat/Meat Alt		Turkey Sausage Patty	Chicken Nuggets	Meatloaf w/Ketchup Glaze	
Extra			Ketchup		Marinara Sauce
PM SNACK:					
Milk/Water					
Fruit	CLOSED			Clementine	CLOSED at Noon
Vegetable					
Grain		WG Apple Cinn Grahams	Townhouse Crackers	WG Champ Bites	
Meat/Meat Alternate			String Cheese		
Extra					

Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
The fruit component at lunch may be substituted by an additional vegetable.
Page 3 of 3

