

## December 2023



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ACADEMY 7	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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AM Snack					Chef's Choice
Lunch					Chef's Choice
PM Snack					Chef's Choice
Vegetarian					Chef's Choice
AM Snack	4 Hashbrowns, Blueberries, Milk	5 Turkey Sausage Biscuit, Milk	6 Waffles with Mixed Berries, Milk	7 Yogurt with Granola, Milk	8 Cinnamon Toast, Peaches, Milk
Lunch	Tacos on Tortillas, Shredded Lettuce, Cheese, Diced Tomatoes Pineapple Tidbits, Milk	Barbeque Chicken Sandwich, Green Beans, Diced Peaches, Milk	Salsibury Steak, Mashed Potatoes, Baked Cinnamon Apples, Dinner Roll, Milk	Fish Nuggets, Baked Beans, Pears, Milk	Cheese Pizza, Mixed Vegetables, Apple Slices, Milk
PM Snack	Fig Newton Bars, 100% Juice	Vanilla Wafers, Banana, Chilled Water	Saltine Crackers, Sliced Cheese, Chilled Water	Baked Soft Pretzels with Cheese Sauce, Chilled Water	Rice Cakes, 100% Fruit Juice
Vegetarian	Cheese Quesadillia	Veggie Nuggets	Veggie Patty	Mac and Cheese Nuggets	Cheese Pizza
AM Snack	11 Whole Grain Cereal, Fresh Banana, Milk	12 Toasted English Muffin with Jelly, Milk	13 Cheesy Grits with Sliced Turkey Bacon, Milk	14 Cinnamon Raisin Bagels with Cream Cheese, Milk	15 Nutrigrain Bars with Fruit, Milk
Lunch	Cheeseburger Sliders, Potato Wedges, Tropical Fruit, Milk	Baked Ziti, Steamed Peas, Mandarin Oranges, Milk	Breaded Cheese Ravioli with Marinera Sauce, Peas and Carrots, Tropical Fruit, Milk	Chicken Teriyaki, Steamed Corn, Applesauce, Milk	Grilled Cheese, Tomato Soup, Fruit Cocktail, Milk
PM Snack	Graham Crackers, Sun Butter, Chilled Water	Goldfish, 100% Fruit Juice	Yogurt with Blueberries, Chilled Water	Hummus, Pita Triangles, Chilled Water	Whole Grain Crackers, Cheese Stick, Chilled Water
Vegetarian	Veggie Slider	Baked Ziti	Cheese Ravioli	Sunbutter and Jelly Sandwich	Grilled Cheese
AM Snack	18 French Toast Sticks, Mango, Milk	19 Whole Grain Cereal, Fresh Orange Slices, Milk	20 Breakfast Burrito on Whole Wheat Tortilla, Fresh Apple Slices, Milk	21 Cheese Toast, Blueberries, Milk	22
Lunch	Cheese Quesadillia, Green Beans, Diced Pears, Milk	Chicken Alfredo, Steamed Broccoli, Pineapple Tidbits, Milk	Meatloaf, Mashed Potatoes,Fresh Cantaloupe, Milk	Chicken Nuggets, Baked Beans, Mandarin Oranges, Milk	Closed .
PM Snack	Vanilla Wafers, Vanilla Pudding, Chilled Water	Cheez-It's , 100% Fruit Juice	Animal Crackers, Milk	Trail Mix (Cheerios, Crasins, Goldfish), Chilled Water	Holidavs
Vegetarian	Cheese Quesadilla	Noodles with Alfredo Sauce	Veggie Patty	Veggie Nuggets	o www.gs
AM Snack	* Notto Ha. *	26 Biscuits with Grape Jelly, Milk	27 Egg Patty, Croissant, Mandarin Oranges, Milk	28 Pancakes, Cantaloupe Chunks, Milk	29 Whole Grain Cereal, Fresh Banana, Milk
Lunch	* * *	Chicken Patty Sandwich, Potato Wedges,Baked Cinnamon Apples, Milk	Creamy Chicken and Rice Casserole, Mixed Vegetables, Mango, Milk	Baked Macaroni and Cheese, Sweet Peas, Fruit Cocktail, Milk	Turkey and Cheese Sandwich, Fresh Carrot Sticks, Apple Slices, Milk
PM Snack	Merry Christmas	Rice Cakes, 100% Fruit Juice	Ritz Crackers, Cheese Cubes, Chilled Water	Fig Newton Bars, 100% Fruit Juice	CLOSING at 12pm
Vegetarian	•	Veggie Patty Sandwich	Cheesy Rice	Macaroni and Cheese	Cheese Sandwich