



November 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	31	1	2	3
AM Snack	Bananas	Corn Muffin	Applesauce	Corn Muffins	Blueberry Lemon Bites
Lunch	Chicken and Pasta, Green Beans, and Applesauce	Beef with Broccoli, Rice, and Berries	Pancakes, Peaches, and Corn	Spaghetti and Meatballs, Salad with Ranch, and Oranges	Pizza, Pineapple, and Mixed Veggies
PM Snack	Cheese Sticks and Ritz Crackers	Halloween Party Snacks!	Cheezits	Sport Crackers	Apple Sauce Cups
	6	7	8	9	10
AM Snack	Cereal Bars	Yogurt	Cereal with Milk	Corn Muffins	Bagels with Jelly
Lunch	Hummus and Toasted Pita, Mixed Veggies, and Pineapples	Garlic Buttered Noodles, Salad with Ranch, and Peaches	Avocado Toast, Corn, and Pears	Pizza, Salad with Ranch, and Oranges	Waffles, Peas, and Apple Slices
PM Snack	Mixed Fruit and Graham Crackers	Pretzel Wheels	Sport Crackers	Applesauce	Strawberry Waffle Grahams
	13	14	15	16	17
AM Snack	Bananas	Oatmeal Breakfast Cookies	Blueberry Lemon Bites	Apple Cinnamon Loaves	Cereal with Milk
Lunch	Chicken Nuggets, Salad with Ranch, and Pears	Grilled Cheese, Tomato Soup, and Peaches	French Toast, Sausage Patties, and Oranges	Corn Bread Poppers, Corn, and Pineapples	Chicken Noodle Soup with Ritz Crackers and Applesauce
PM Snack	Vanilla Pudding with Graham Crackers	Veggie Crackers	Cheese Sticks with Ritz Crackers	Yogurt Cups	Sport Crackers
	20	21	22	23	24
AM Snack	Yogurt Cups	Cereal with Milk	English Muffins with Jelly	Cereal Bars	Corn Muffins
Lunch	Pizza Quesadillas, Carrots, and Mixed Fruit	Vegetarian Sloppy Joes, Peas, and Apple Slices	Black Bean and Sweet Potato Rice Bowls and Oranges	Pizza Sticks, Mixed Veggies, and Pineapples	Turkey Sausage & Egg Breakfast Sandwiches, Hashbrowns, Peaches
PM Snack	Cucumbers and Ranch	Animal Crackers	Mixed Fruit Cups	Vanilla Pudding and Graham Crackers	Pretzel Wheels
	27	28	29	30	1
AM Snack	Bananas	Corn Muffin	Yogurt Cups	Cereal with Milk	Blueberry Lemon Bites
Lunch	Chicken and Pasta, Green Beans, and Applesauce	Black Bean and Cheese Taco Bake, Rice, and Pears	Brown Sugar Maple Oatmeal, Peas, and Apple Slices	Broccoli and Cheese Flatbreads, Salad with Ranch, and Oranges	Vegetarian Chili, Mixed Veggies, and Pineapples
PM Snack	Cheese Sticks and Ritz Crackers	Strawberry Waffle Grahams	Clementine Oranges	Sport Crackers	Applesauce Cups