

A Note from Our Principal

Dear Families,

This month, we will embark on a journey of fostering connections and celebrating cherished family traditions, as we nurture the spirit of Thanksgiving and togetherness. Our preschoolers will be engaged in activities that inspire gratitude and kindness, such as creating festive crafts, sharing personal experiences, and learning about the importance of giving back to our community.

Thank you for entrusting us with the care and education of your children. We look forward to another month of joy and learning!

Sincerely,
Miss Emma

Family Survey Reminder

Our enrolled family survey launched in October. If you have not received the email, please let us know so we can request it be resent. The survey provides the opportunity for you to give us feedback anonymously on our strengths and areas we can work on. Survey closes November 17.

Family Referral Bonus

Do you know a colleague who has recently had a baby, a friend in need of care who just relocated to the area, or a family member who is seeking a new preschool for their child? When you refer a friend and they enroll, you're eligible for a **free week of tuition**. Ask us for details!

Cubby Refresh

As a reminder, please make sure to refresh the spare clothing in your child's cubby. Take home anything that no longer fits and leave a spare set of well-fitting, weather-appropriate clothes.

Did You Know?

Children's first communities are their home and their school — safe havens where they are supported and nurtured as they learn their own strengths and abilities and gain confidence.

American Indian & Alaska Native Heritage Month

November is American Indian & Alaska Native Heritage Month. It is a time to honor their culture, accomplishments, and contributions. When children acknowledge and appreciate diverse cultures, they are helping to build a community of belonging and inclusion. We will be celebrating in our classrooms by reading books with Native American characters, making a traditional meal, and exploring nature which is an important part of the Native American culture!

Important Dates

November 1 and 2-Picture Day

November 3-Football Shirt Day

November 10 - School CLOSED for Professional Development & Veterans Day

November 17-Pajama Day

November 18-Herndon 5K Turkey Trot

November 20-Thanksgiving Luncheon for all Children

November 23-24 - School CLOSED for Thanksgiving

November 30 - End-of-month folders go home

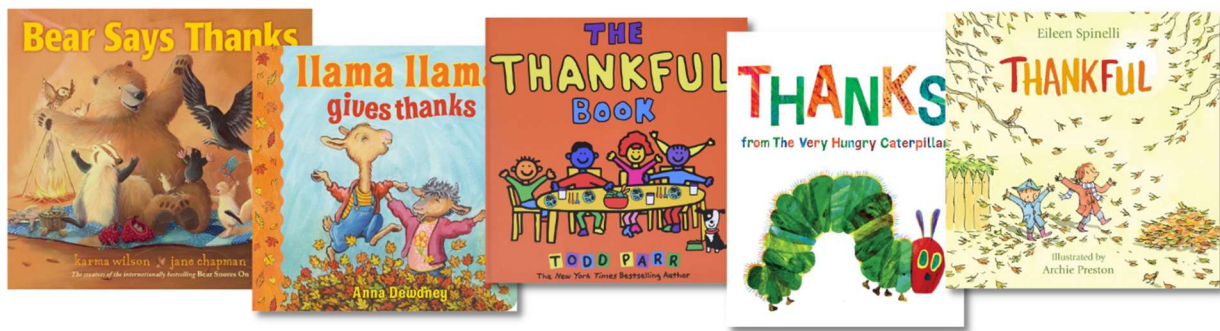
New On Our Preschool Blog

Raising Thankful Kids: 5 Books to Instill Gratitude in Your Preschooler

Building a sense of gratitude in young children is an essential part of their development. Through our Links to Learning curriculum, we continuously strive to cultivate an environment where appreciation is nurtured all year round. As we approach this joyous holiday season, we are particularly reminded of the significance of fostering an attitude of gratitude in our students and incorporate hands-on lessons related to empathy, kindness, and giving back.

A great way to continue the learning at home is through meaningful conversations with your child. Consider asking questions such as, "What made you smile today?" or "What are some ways we can show our friend that we are thankful for them?" and "What are you thankful for today?"

Books also provide an excellent platform for nurturing gratitude and inspiring discussions with your child. Take a look at some of our favorites below.



***Bear Says Thanks* by Karma Wilson**

Your child will love the rhythmic text and engaging plot of *Bear Says Thanks*. Seamlessly weaving together the themes of sharing and thankfulness, this book follows Bear as he discovers the true meaning of gratitude. As Bear navigates his day, various situations prompt him to reflect on the significance of expressing appreciation for others.

***Llama Llama Gives Thanks* by Anna Dewdney**

If your child loves the *Llama Llama* books, this is a perfect story to read together this season. Llama Llama embarks on a journey to discover the true meaning of Thanksgiving, guided by the loving support of family and friends. The book encourages readers to embrace the spirit of gratitude during the holiday season and beyond.

***The Thankful Book* by Todd Parr**

This enchanting book from Todd Parr not only fosters a sense of thankfulness, but also encourages children to embrace diversity and empathy. From the sunshine to our food, this story emphasizes the importance of acknowledging the wonderful things around us. It's a timeless reminder to appreciate the little blessings that make life extraordinary.

***Thanks From the Very Hungry Caterpillar* by Eric Carle**

Eric Carle's iconic collage-style illustrations vividly capture the wonders of nature and the joy of friendship, inviting young readers to cherish the beauty of the world around them. Join the beloved Hungry Caterpillar as he encounters a host of animals, navigates the changing seasons, and learns to give thanks for the simple joys each moment brings.

***Thankful* by Eileen Spinelli**

Thankful beautifully highlights the importance of showing appreciation for the people who enrich our communities, from dedicated gardeners to selfless firefighters, whose contributions sometimes go unnoticed. With its charming rhyming text and whimsical illustrations, this book reminds us to cherish the small joys that fill our days.