SPRING ED JANUARY 2024

WEEK 1						
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Dates:	1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024	
AM SNACK:						
A 4"11	CLOSED	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	
Milk	CLOSED	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	
Fruit/Vegetable			92. J		Berries (optional)	
Grain		WG Blueberry Muffin	WG Waffle	WG Mini Spooner Cereal	WG Pancake	
Extra/Protein						
LUNCH:						
		Italian Beef Sandwich	Drummies	Crunchers	Turkey Ham	
Milk	HAPPY NEW YEAR!	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	
	TATTINEW TEAK:	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	
Fruit		Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce	
Vegetable		Sweet Peas	Diced Carrots	Stringbeans	Sweet Potato Bites	
Grain		WG Hot Dog Roll	Children C	D: C	Divite 1 11	
Meat/Meat Alt		Beef Crumbles	Chicken Drummies	Pizza Crunchers	Diced Turkey Ham	
Extra		Marinara Sauce				
PM SNACK:						
	CLOSED	School Made Trail Mix	Zoo Dippers			
Milk/Water	3/					
Fruit	7					
Vegetable					Fresh Veggie of Choice	
Grain		School Made Trail Mix	Animal Crackers	Vanilla Wafers		
Grain Meat/Meat Alternate		School Made Trail Mix	Animal Crackers Strawberry Yogurt	Vanilla Wafers	Ranch	
Grain		School Made Trail Mix		Vanilla Wafers	Ranch	
Grain Meat/Meat Alternate			Strawberry Yogurt	Vanilla Wafers	Ranch	
Grain Meat/Meat Alternate Extra		WE	Strawberry Yogurt			
Grain Meat/Meat Alternate Extra MEAL PATTERN	MONDAY	WE	Strawberry Yogurt EEK 2 WEDNESDAY	THURSDAY	FRIDAY	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates:	MONDAY 1/8/2024	WE	Strawberry Yogurt			
Grain Meat/Meat Alternate Extra MEAL PATTERN		WE	Strawberry Yogurt EEK 2 WEDNESDAY	THURSDAY	FRIDAY 1/12/2024	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK:	1/8/2024 Whole Milk (age 1) or	TUESDAY 1/9/2024 Whole Milk (age 1) or	Strawberry Yogurt EEK 2 WEDNESDAY	THURSDAY	FRIDAY	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk	1/8/2024	TUESDAY 1/9/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Strawberry Yogurt EEK 2 WEDNESDAY 1/10/2024	THURSDAY 1/11/2024	FRIDAY 1/12/2024	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 1/9/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana	Strawberry Yogurt EEK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain	1/8/2024 Whole Milk (age 1) or	TUESDAY 1/9/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Strawberry Yogurt EEK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin	THURSDAY 1/11/2024 Whole Milk (age 1) or	FRIDAY 1/12/2024 Whole Milk (age 1) or	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 1/9/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana	Strawberry Yogurt EEK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	TUESDAY 1/9/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana	Strawberry Yogurt EEK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears	
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Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Vegetable	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail Broccoli	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears Corn WG Tortilla	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches Tater Tots WG Hamburger Roll	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits Diced Carrots	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears Stringbeans	
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Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein UNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK:	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail Broccoli	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears Corn WG Tortilla Turkey Taco Entrée	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches Tater Tots WG Hamburger Roll	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits Diced Carrots	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears Stringbeans	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK:	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail Broccoli	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears Corn WG Tortilla Turkey Taco Entrée Shredded Cheese	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches Tater Tots WG Hamburger Roll	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits Diced Carrots	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears Stringbeans WG Pizza	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water Fruit	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail Broccoli	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears Corn WG Tortilla Turkey Taco Entrée Shredded Cheese	Strawberry Yogurt EK 2 WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches Tater Tots WG Hamburger Roll	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits Diced Carrots	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears Stringbeans WG Pizza	
Grain Meat/Meat Alternate Extra MEAL PATTERN Dates: AM SNACK: Milk Fruit/Vegetable Grain Extra/Protein LUNCH: Milk Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Milk/Water Fruit Vegetable	1/8/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG French Toast Sticks Grilled Cheese Fruit Cocktail Broccoli Grilled Cheese	TUESDAY 1/g/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) 1/2 Banana WG Rice Crisp Cereal Taco Tuesday Diced Pears Corn WG Tortilla Turkey Taco Entrée Shredded Cheese Applesauce	Strawberry Yogurt WEDNESDAY 1/10/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) English Muffin Sunbutter Cheeseburger Diced Peaches Tater Tots WG Hamburger Roll Cheeseburger	THURSDAY 1/11/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Cereal Oatmeal Bar Chicken Patty Pineapple Tidbits Diced Carrots WG Breaded Chicken Patty	FRIDAY 1/12/2024 Whole Milk (age 1) or Low/Fat Free Milk (age 2+) WG Apple Cinnamon Loaf Pizza Diced Pears Stringbeans WG Pizza	



^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

^{2.} The fruit component at lunch may be substituted by an additional vegetable.

SPRING ED JANUARY 2024

WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Frozen Berry Mix	1/2 Banana	Jelly	Mango
Grain	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	English Muffin	Vanilla Yogurt
Extra/Protein					
LUNCH:					
	BBQ Slider	Philly Cheesesteak	Cheesy Mac	Stir Fry	Ravioli
Milk					Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Applesauce	Diced Peaches	Pineapple Tidbits	Applesauce
Vegetable	Corn	Diced Carrots	Sweet Peas	Stir Fry Blend	Mixed veggies
Grain	WG Slider Roll	WG Hot Dog Roll	WG Elbow Macaroni	Rice	
Meat/Meat Alt	BBQ Shredded Chicken	Steak Meat		Chicken Strips	WG Jumbo Ravioli
Extra	Cheese Sauce	American Cheese	Cheese Sauce	Teriyaki sauce	
PM SNACK:					
	Banana Sushi Roll	Cuke Sandwich			
Milk/Water	37				
Fruit	1/2 Banana				
Vegetable		Cucumber Slices		N N	
Grain	WG Tortilla	WG Flatbread	Shortbread Bites	WG Apple Cinn Grahams	Soft Pretzel Rod
Meat/Meat Alternate	Sunbutter				
Extra		Ranch			

WEEK 4						
MEAL PATTE	RN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7	Dates:	1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
AM SNACK:						
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit/Vegetab	ole	Mango			Frozen Blueberries	
Grain		Vanilla Yogurt	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	
Extra/Protei	n					
LUNCH:						
		Stuffed Crusts	Breakfast Sandwich	Chicken Dippers	Mom's Meatloaf	
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHOICE
Fruit		Diced Pears	Applesauce	Mandarin Oranges	Diced Peaches	V A
Vegetable		String Beans	Diced Carrots	Mixed Veggies	Mashed Potatoes	
Grain	V	Pizza Max Sticks	WG English Muffin			7 / 7
Meat/Meat A	lt		Turkey Sausage Patty	Chicken Nuggets	Meatloaf w/Ketchup Glaze	
Extra		Marinara Sauce	A	Ketchup		
PM SNACK:						
Milk/Water						A STATE OF THE STA
Fruit		Applesauce			Clementine	13/
Vegetable		(a)				DAY!
Grain		Animal Crackers	WG Apple Cinn Grahams	Townhouse Crackers	WG Champ Bites	A
Meat/Meat Alter	rnate			String Cheese		
Extra						

WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
	y be served in place of the entire grains of the substituted by an additional vego		m of three times per week.		NOVICK
Page 2 of 3	na, se sossitotea s, an adamona vega			CH	HILDCARE SOLUTIONS

SPRING ED JANUARY 2024

AM SNACK:					
MA:II.	Whole Milk (age 1) or				
Milk	Low/Fat Free Milk (age 2+)				
Fruit/Vegetable	1/2 Banana				Berries (optional)
Grain	WG Toasted Oats Cereal	WG Blueberry Muffin	WG Waffle	WG Mini Spooner Cereal	WG Pancake
Extra/Protein					
.UNCH:					
	Breakfast for Lunch	Italian Beef Sandwich	Drummies	Crunchers	Turkey Ham
Milk	Whole Milk (age 1) or				
WIIK	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+			
Fruit	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Sweet Potato Bites
Grain		WG Hot Dog Roll			
Meat/Meat Alt	Scrambled Egg Round	Beef Crumbles	Chicken Drummies	Pizza Crunchers	Diced Turkey Ham
Extra		Marinara Sauce			
PM SNACK:					
	Cuke Sandwich	School Made Trail Mix	Zoo Dippers		
Milk/Water					
Fruit	2				
Vegetable	Cucumber Slices				Fresh Veggie of Choice
Grain	Flatbread Squares	School Made Trail Mix	Animal Crackers	Vanilla Wafers	
Meat/Meat Alternate	Ranch		Strawberry Yogurt		Ranch
Extra	7				

