

SPRING ED FEBRUARY 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG Toasted Oats Cereal	WG Blueberry Muffin	WG Waffle	WG Mini Spooner Cereal	WG Pancake
Extra/Protein					
LUNCH:					
	Breakfast for Lunch	Italian Beef Sandwich	Drummies	Crunchers	Turkey Ham
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Sweet Potato Bites
Grain		WG Hot Dog Roll			
Meat/Meat Alt	Turkey Sausage	Veggie Crumbles	Chicken Drumsticks	Pizza Crunchers	Diced Turkey Ham
Extra		Marinara Sauce			
PM SNACK:					
	Cuke Sandwich	School Made Trail Mix	Zoo Dippers		
Milk/Water					
Fruit					
Vegetable	Cucumber Slices				Fresh Veggie of Choice
Grain	Flatbread Squares	School Made Trail Mix	Animal Crackers	Vanilla Wafers	
Meat/Meat Alternate	Ranch		Strawberry Yogurt		Ranch
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG French Toast Sticks	WG Rice Crisp Cereal	English Muffin	WG Cereal Oatmeal Bar	WG Apple Cinnamon Loaf
Extra/Protein			Sunbutter		
LUNCH:					
	Grilled Cheese	Taco Tuesday	Cheeseburger	Chicken Patty	Pizza
Milk					
Fruit	Fruit Cocktail	Diced Pears	Diced Peaches	Pineapple Tidbits	Diced Pears
Vegetable	Broccoli	Corn	Tater Tots	Diced Carrots	Stringbeans
Grain		WG Tortilla	WG Hamburger Roll		WG Pizza
Meat/Meat Alt	Grilled Cheese	Turkey Taco Entrée	Cheeseburger	WG Breaded Chicken Patty	
Extra		Shredded Cheese			
PM SNACK:					
Milk/Water					
Fruit		Applesauce			Apple Slices
Vegetable					
Grain		Graham Crackers	Cheezit Crackers	Wheat Crackers	
Meat/Meat Alternate	Vanilla Yogurt			String Cheese	Sunbutter
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.

SPRING ED FEBRUARY 2024

WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable				Jelly	
Grain	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	English Muffin	Vanilla Yogurt
Extra/Protein					
LUNCH:					
	BBQ Slider	Philly Cheesesteak	Cheesy Mac	Stir Fry	Ravioli
Milk					Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Applesauce	Diced Peaches	Pineapple Tidbits	Applesauce
Vegetable	Corn	Diced Carrots	Sweet Peas	Stir Fry Blend	Mixed veggies
Grain	WG Slider Roll	Spaghetti	WG Elbow Macaroni	Rice	
Meat/Meat Alt	BBQ Shredded Chicken	Veggie Crumble		Chicken Strips	WG Jumbo Ravioli
Extra	Cheese Sauce	Marinera sauce	Cheese Sauce	Teriyaki sauce	
PM SNACK:					
Milk/Water					
Fruit					
Vegetable					
Grain	WG Tortilla	Cheez It Crackers	Shortbread Bites	WG Apple Cinn Grahams	Soft Pretzel Rod
Meat/Meat Alternate	Sunbutter				
Extra					
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
AM SNACK:					
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit/Vegetable					
Grain		WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	
Extra/Protein					
LUNCH:	CLOSED / Teacher Training Day				
		Breakfast Sandwich	Chicken Dippers	Mom's Meatloaf	
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHOICE
Fruit		Applesauce	Mandarin Oranges	Diced Peaches	
Vegetable		Diced Carrots	Mixed Veggies	Mashed Potatoes	
Grain		WG English Muffin			
Meat/Meat Alt		Turkey Sausage Patty	Chicken Nuggets	Meatloaf w/Ketchup Glaze	
Extra			Ketchup		
PM SNACK:					
Milk/Water					
Fruit				Clementine	
Vegetable					DAY!
Grain		WG Apple Cinn Grahams	Townhouse Crackers	WG Champ Bites	
Meat/Meat Alternate			String Cheese		
Extra					
WEEK 5					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

SPRING ED FEBRUARY 2024

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG Toasted Oats Cereal	WG Blueberry Muffin	WG Waffle	WG Cereal	WG Pancake
Extra/Protein					
LUNCH:					
	Breakfast for Lunch	Italian Beef Sandwich	Drummies	Crunchers	Turkey Ham
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Sweet Potato Bites
Grain		WG Hot Dog Roll			
Meat/Meat Alt	Turkey Sausage	Veggies Crumbles	Chicken Drumsticks	Pizza Crunchers	Diced Turkey Ham
Extra		Marinara Sauce			
PM SNACK:					
		School Made Trail Mix	Zoo Dippers		
Milk/Water					
Fruit					
Vegetable					Fresh Veggie of Choice
Grain	Goldfish Crackers	School Made Trail Mix	Animal Crackers	Vanilla Wafers	
Meat/Meat Alternate			Strawberry Yogurt		Ranch
Extra					

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2. The fruit component at lunch may be substituted by an additional vegetable.