

## January 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-Jan	2-Jan	3-Jan	4-Jan	5-Jan
AM Snack		English Muffin w/Jelly & Cream Cheese	Teddy Grahams & Strawberries (I/T:Peaches)	Vanila Yogurt w/Bananas & Graham Crackers	Waffles & Turkey Sausage w/Syrup
Lunch	CHESTERBOOK CLOSED	Chicken Nuggets, Steam Peas, Applesauce, & Milk	BBQ Pork Ribs, Mashed Potatoes, Diced Peaches, & Milk	National Spaghetti w/Marinara, Garlic Bread, Steam Green Beans, Mandarin Oranges, & Milk	Beef/Chicken Tacos, Steam Corn (I/T:Peas), Diced Pears, & MIlk
PM Snack		Vanilla Wafers & Craisin(I/T:Fruit)	Pretzel Bites & Cheese Sauce	Cottage Cheese & Peaches	String Cheese & Wheat Thins(I/T: Cheese & Ritz)
AM Snack	8-Jan Nutri Grain Bars & Milk	9-Jan Cheese & Sausage Buns(V:Veggie) w/ Sliced Apples	01/10 Vanilla Wafers & Applesauce	11-Jan Pancakes & Turkey Sausage(V: Veggie) w/Syrup	12-Jan Bananas & Fig Newtons
Lunch	Macaroni & Cheese, Steam Carrots, Diced Mango, & Milk	CYO Lunchables, Tator Tots, Diced Pears, & Milk	Chicken Alfredo Pasta, Steam Green Beans, Diced Peaches, & Milk	Sunbutter & Jelly Sandwiches(I/T: Mini Grilled Cheese), Steam Peas, Applesauce, & Milk	Pepperoni/Cheese Pizza, Steam Broccli, Plneapple Tidbits, & Milk
PM Snack	Goldfish & Applesauce	Teddy Grahams & Strawberries (I/T:Peaches)	Crackers & String Cheese	Bananas & Vanilla Wafers	Applesauce & Townhouse Crackers
	15-Jan	16-Jan	17-Jan	18-Jan	19-Jan
AM Snack		National Fig Newton Day w/Milk	Cheerios & Craisins(I/T:Pineapple)	Graham Crackers & Mixed Fruit	Blueberry Muffin(I/T:Muffins) & Bananas
Lunch	CHESTERBROOK CLOSED	Chicken Pasta Marinara, Steam Green Beans, Pineapple Tidbits, & Milk	Chicken Tenders, Steam Corn(I/T: Peas), Sliced Apples, & Milk	Burrito Bake, Steam Broccoli, Diced Mango, & Milk	Turkey Ham & Cheese Roll Ups, Steam Peas, Mandarin Oranges, & Milk
PM Snack		Pita Bread & Jelly	Kids Mix	Cheerios & Bananas	National Popcorn Day(I/T:Teddy Grahams & Banana)
AM Snack	22-Jan Cereal Bowls w/Milk(Infants:Nutri Grain Bars)	23-Jan French Toast w/Turkey Sausage & Syrup	24-Jan Cheese & Crackers	01/25 Animal Crackers & Applesauce	26-Jan Cheese Buns & Turkey Sausage
Lunch	Kale Pesto Pasta, Steam Carrots, Applesauce, & Milk	Bosco Cheese Sticks w/Marinara, Steam Peas, Diced Pears, & Milk	Italian Pasta Salad w/Garlic Bread, Mandarin Oranges, & Milk	Chicken Parmessan, Normandy Blend, Sliced Apples, & Milk	Mini Corn Dogs(I/T:Chicken Nuggets), Steam Broccoli, Pineapple Tidbits, & Milk
PM Snack	Animal Crackers & Pineapple Tidbits	Sweet Potato Carckers & Cream Cheese	Sunbutter & Sliced Appkes(I/T:	Yogurt & Graham Crackers	Mandarin Oranges & Wheat Thins (I/T:Goldfish)
AM Snack	29-Jan Warm Biscuits & Jelly	30-Jan National Croissant w/Milk	31-Jan National Hot Chocalate Day w/Graham Crackers		
Lunch	Cheeseburger Sliders, Potato Fries, Applesauce, & Milk	Grilled Cheese, Normandy Blend, Diced Peaches, & Milk	Chicken Nuggets, Steam Peas, Diced Pears, & Milk		
PM Snack	Carrots & Ranch	Watermekon Chunks & Crackers	Vanilla Wafers & Yogurt		
PM Snack	Carrots & Ranch	Watermekon Chunks & Crackers	Vanilla Wafers & Yogurt		

## If you use a menu supplied by your caterer, you do not need these templates. Otherwise, please continue.

1	Select your template based on the number of meals you provide and the length of your meal descriptions. <b>Delete the other tabs.</b> Save under a new name.		
2	Replace the logo with that of your school brand.		
3	Go into the footer and change the school name, address and phone number to that of your school.		
4	In row 1, change the name of the month and year if needed.		
5	Change the names of meals if needed. For example, you may call it breakfast instead of am snack.		
6	Change the blue date numbers to reflect the particular month that you are in.		
7	Type or "copy special" your actual food items into each meal & date.		
8	Make sure you have saved your menu under a new name.		
9	Save as a PDF (File -> Print -> Select Adobe PDF as the Printer -> Click Print)		
10	Email the Excel file & PDF to Marketing to post on your website		
11	Each month, repeat steps 4-9 but instead of sending to marketing, post the PDF to your menu page on your website.		