

SCHOOL MENU - MARCH 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Tropical Mixed Fruit	Blueberries	Canned Cinnamon Apples	Banana	Mixed Berries
Grain	WG Cereal Bar	WG Muffin	WG Waffle	WG Cereal	WG Pancake
Extra/Protein					
LUNCH:					
	Fish Fry-day	Meatloaf	Drummies	Crunchers	Cheesy Mac
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Mango	Mandarin Oranges	Diced Peaches	Applesauce
Vegetable	Mixed Veggie	Tater Tots	Diced Carrots	Corn	Sweet Peas
Grain					
Meat/Meat Alt	WG Fish Sticks	Meatloaf w/ Ketchup Glaze	Chicken Drumsticks w/ Ketchup	Pizza Crunchers	WG Mac & Cheese w/ Turkey Ham
Vegetarian Option	Egg Roll	Bean Burger Patty	Veggie Nuggets		WG Mac & Cheese
PM SNACK:					
			Zoo Dippers		
Milk/Water					
Fruit		Mandarin Oranges		Pineapple	
Vegetable					Fresh Veggie of Choice
Grain	Townhouse Crackers	Champs Crackers	Animal Crackers	Soft Pretzel Rod	Saltine Crackers
Meat/Meat Alternate	String Cheese		Strawberry Yogurt		Ranch
Extra				Cheese Sauce	
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Pineapple	Tropical Mixed Fruit	Banana	Fruit Cocktail	Berries
Grain	WG French Toast Sticks	WG Cereal	English Muffin	Granola	WG Apple Cinnamon Loaf
Extra/Protein			Sunbutter	Strawberry Yoqurt	
LUNCH:					
	Grilled Cheese	Ravioli	Cheeseburger	Chicken Patty	Breakfast For Lunch
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Applesauce	Diced Peaches	Pineapple Tidbits	Diced Pears
Vegetable	Broccoli	Corn	Mixed Veggies	Diced Carrots	Tater Tots
Grain			WG Hamburger Roll		WG Biscuit
Meat/Meat Alt	Grilled Cheese w/ Tomato Soup	Cheese Ravioli w/ Marinara Sauce	Cheeseburger	WG Breaded Chicken Patty	Turkey Sausage Patty Or Egg Patty
Vegetarian Option			Bean Burger Patty	Veggie Nuggets	Vegetarian Sausage Patty
PM SNACK:					
	Strawberry & Cream	"Lunchable" Stackable			Apple Dips
Milk/Water					
Fruit			Mango	Banana	Apple Slices
Vegetable					
Grain	WG Straw Waffle Graham	WG Flatbread Squares or Saltine Crackers	Cheezit Crackers	Vanilla Wafers	Wheat Crackers
Meat/Meat Alternate	Vanilla Yogurt	Amer Cheese Slice			Sunbutter
Extra				Vanilla Pudding	

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Tropical Mixed Fruit	Frozen Berry Mix	Banana	Canned Cinnamon Apples	Mango
Grain	WG Cereal Bar	WG Pancake	WG Rice Crisp Cereal	English Muffin	French Toast Sticks
Extra/Protein				Egg Patty	
LUNCH:					
	BBQ Slider	Fish Tacos	Cheesy Mac	Stir Fry	Pasta W/Meat Sauce
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Fruit Cocktail	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
Vegetable	Tater Tots	Corn	Sweet Peas	Broccoli	Mixed veggies
Grain	WG Slider Roll	WG Tortilla		Rice	WG Pasta
Meat/Meat Alt	BBQ Shredded Chicken	Fish Sticks w/ Cole Slaw	WG Mac N Cheese	Diced Chicken w/ Teriyaki Sauce	Beef Crumble w/ Marinara Sauce
Vegetarian Option	Veggie Nuggets	Cheese Quesadilla		Vegetarian Egg Roll	WG Pasta w/ Marinara Sauce
PM SNACK:					
			Cuke Sandwich	Banana Sushi Roll	
Milk/Water					
Fruit	Applesauce	Mango		Banana	Diced Pears
Vegetable			Cucumber Slices		
Grain	Graham Crackers	WG Shortbread Bites	WG Flatbread	WG Tortilla	Soft Pretzel Rod w/ Cheese Sauce
Meat/Meat Alternate				Sunbutter	
Extra	Cream Cheese		Ranch		
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Mandarin Oranges	Frozen Blueberries	Mango	Banana	
Grain	WG Spooner Cereal	Vanilla Yogurt	WG Muffin	Cheese Toast	CHEF'S
Extra/Protein					
LUNCH:					
	Turkey Wrap	Crunchers	Chicken Dippers	Riblets	
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHOICE
Fruit	Diced Pears	Fruit Cocktail	Mandarin Oranges	Diced Peaches	
Vegetable	String Beans	Broccoli	Mixed Veggies	Mashed Potatoes	
Grain	WG Tortilla				
Meat/Meat Alt	Turkey Slices/Amer Cheese/Ranch	Pizza Crunchers	Chicken Nuggets w/ Ketchup	BBQ Riblet Patty	
Vegetarian Option	Cheese Roll UP		Veggie Nuggets	Bean Burqer Patty	
PM SNACK:					
Milk/Water					DAY!!
Fruit	Applesauce		Banana	Pineapple Tidbits	
Vegetable					
Grain	Animal Crackers	Townhouse Crackers	Chex Mix	WG Champ Bites	
Meat/Meat Alternate		String Cheese			
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.