



Chesterbrook Academy Aldie

January 22nd – 26th, 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **Mango**, Yogurt, Milk

LUNCH: Pizza Crunches Sauce/ Little Pizza, **String Beans, Pears**, Milk

PM SNACK: Shortbread Cookie

WEDNESDAY

AM SNACK: **WG Cereal**, Milk

LUNCH: Muffin, Turkey Sauce, **(VO- Veggie Sauce) Carrots**, Applesauce, Milk

PM SNACK Apple Cinnamon Grahams

THURSDAY

AM SNACK: Blueberry Oatmeal, Milk

LUNCH: Meatloaf with Ketchup Glaze, **(VO-Grilled Cheese)**, Mashed Potatoes, **Peaches**, Milk

PM SNACK: Graham Crackers, Apple Butter

FRIDAY

AM SNACK: Manager's Choice

LUNCH: Chicken Nuggets, **(VO- Veggie Nuggets)**, **Mixed Vegetables, Oranges**, Milk

PM SNACK: Crackers, Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.