



# January Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	1	2	3	4	5
		Muffins and Milk	Cereal bars and Milk	Cereal and Milk	Yogurt and Milk
<b>Lunch</b>	CLOSED	Grilled Nuggets,String Beans,Pineapples and Milk	Chicken Quesadillas, Corn, Man. Oranges and Milk	Sunbutter/ Jelly Sandwich, Pears, Carrots and Milk	CHEF'S CHOICE
<b>PM Snack</b>		Granola Bites and Water	Cheese, Crackers, and Water	Apple slices and Water	Bananas and Water
<b>Breakfast</b>	8	9	10	11	12
	Cereal and Milk	Cereal bars and Milk	Yogurt and Milk	Cereal and Milk	Muffins and Milk
<b>Lunch</b>	Sliders,Mixed Veg.,Pineapples and Milk	Chicken Parm.,Broccoli, Pears and Milk	Fish Shapes, Corn, Peaches and Milk	Deli Stackers, Carrots, Man. Oranges and Milk	CHEF'S CHOICE
<b>PM Snack</b>	Blueberries and Water	Clementines and Water	Raisins, Crackers and Water	Apples Slices and Water	Oatmeal Cookies and Water
<b>Breakfast</b>	15	16	17	18	19
		Yogurt and Milk	Cereal and Milk	Cereal Bars and Milk	Cereal and Milk
<b>Lunch</b>	CLOSED	Chicken Quesadillas, Corn, Man. Oranges and Milk	Mac and Cheese with Diced Chicken,Mixed Veg., Pears and Milk	Fish Shapes, Corn, Peaches and Milk	CHEF'S CHOICE
<b>PM Snack</b>		Veggie Crackers and Water	Graham Crackers, Raisins and Water	Bananas and Water	Blueberries and Water
<b>Breakfast</b>	22	23	24	25	26
	Cereal and Milk	Muffins and Milk	Cereal and Milk	Cereal Bar and Milk	Yogurt and Milk
<b>Lunch</b>	Grilled Nuggets,String Beans,Pineapples and Milk	Pierogies,String Beans, Mandarin Oranges and Milk	Chicken, Waffles, Carrots, Mandarin Oranges and Milk	Sunbutter/ Jelly Sandwich, Pears, Mixed Veg. and Milk	CHEF'S CHOICE
<b>PM Snack</b>	Cheese, Crackers and Water	Clementines and Water	Blueberry Lemon Bites and Water	Granola Bites and Water	Bananas and Water
<b>Breakfast</b>	29	30	31		
	Cereal and Milk	Muffins and Milk	Yogurt and Milk		
<b>Lunch</b>	Chicken Parm.,Broccoli, Pears and Milk	Sliders,String Beans,Pineapples and Milk	Deli Stackers, Carrots, Man. Oranges and Milk		
<b>PM Snack</b>	Apple slices and Water	Veggie Crackers and Water	Graham Crackers, Raisins and Water		