



# November Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	30 Cinnamon Bread & Cream Cheese	31 Bicuit & Jelly	1 Muffins	2 W.G Poptart	3 Apple Turnovers
<b>Lunch</b>	Rib Patty on Bun, Potato Wedge, Mangos	Chicken Patty on bun, Green Beans, Apples	Lasagna, Peas, Pears	Garlic Cheese Bread, Salad, Cantaloupe	Turkey and Cheese Wrap, Potato Salad, Peaches
<b>PM Snack</b>	Teddy Grahams	Goldfish	Cheese Cubes & Crackers	Yogurt & Cereal	Mixed Snack
<b>AM Snack</b>	9 Cheez-Its	10 Cottage Cheese & Pineapple	11 Naan Bread & Hummus	12 Muffin	13 Waffle w/syrup
<b>Lunch</b>	Chicken Nuggets, Carrots, Tropical Fruit	Pizza, Salad, Pears	Breakfast for Lunch, Tater Tots, Peaches	Mac & Cheese, Cali Blend, Cantaloupe	Fish Nuggets, Baked Beans, Applesauce
<b>PM Snack</b>	Cheese Slices & Wheat Crackers	Nutri-Grain Bar	Mixed Berry Animal Crackers	Blueberry Bread & Cream Cheese	Fig Newton
<b>AM Snack</b>	16 Sweet Potato Crackers	17 Chips & Salsa	18 Shortbread Cookies	19 Soft Pretzel & Cheese	20 Yogurt & Bug Bites
<b>Lunch</b>	Salsbury Steak, Mashed Potato, Honey Dew	Grilled Cheese Sandwich, Green Beans, Apricots	Sweet & Sour Chicken, Rice, Broccoli, Banana	Ravoli Alfredo, Peas & Carrots, Pineapple	Egg Rolls, Cali Mix, Mangos
<b>PM Snack</b>	Pudding & Wafers	Strawberry Bar	Bagel & Cream Cheese	Vanilla Goldfish	French Toast Crackers
<b>AM Snack</b>	23 Chex Mix	24 Chips & Guacamole	25 Animal Crackers	26 Cheez-It	27 French Toast w/syrup
<b>Lunch</b>	Beef Mac, Green Bean, Tropical Fruit	Cheese Breadstick, Broccoli, Strawberries	Turkey w/Gravy, Mashed Potato, Corn/Cream Corn, Mandarin Oranges	Soup, Peas, Pineapple	Cheese Quesadilla, Salad, Apricots
<b>PM Snack</b>	Cheese Stick & Crackers	Nutri-Grain Bar	Cottage Cheese & Peaches	Pita Bread & Hummus	Oatmeal Choc. Bar
<b>AM Snack</b>	30 Cinnamon Bread & Cream Cheese	31 Bicuit & Jelly	1 Muffins	2 W.G Poptart	3 Apple Turnovers
<b>Lunch</b>	Rib Patty on Bun, Potato Wedge, Mangos	Chicken Patty on bun, Green Beans, Apples	Lasagna, Peas, Pears	Garlic Cheese Bread, Salad, Cantaloupe	Turkey and Cheese Wrap, Potato Salad, Peaches
<b>PM Snack</b>	Teddy Grahams	Goldfish	Cheese Cubes & Crackers	Yogurt & Cereal	Mixed Snack