

Chesterbrook Academy Aldie February 12th – 16th, 2023

MONDAY

AM SNACK: Manager's Choice

LUNCH: Manager's Choice

PM SNACK: Manager's Choice

TUESDAY

AM SNACK: **Hash Brown**, Milk

LUNCH: Cheese, Beef, Steak, (VO – Cheese Wrap) WG Wrap, Corn,

Pears, Milk

PM SNACK: Manager Choice

WEDNESDAY

AM SNACK: WG Waffles, Strawberries, Milk

LUNCH: WG Pasta with Sauce, Carrots, Applesauce, Milk

PM SNACK Heart Shaped Pretzels with Ranch, Vanilla Cookies, and

Cream Cheese (Toddlers)

THURSDAY

AM SNACK: Apple Butter, English Muffin, Milk

LUNCH: Chicken, Rice, Sweet Sour Sauce, **Broccoli, Pineapple**, Milk

PM SNACK: Pretzel Rolls with Ranch

FRIDAY

AM SNACK: WG Cereal, Milk

LUNCH: Fish, **Peas, Bananas**, Milk

PM SNACK: Muffins

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.