

SPRING ED MARCH 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Applebutter	1/2 Banana		
Grain	WG Rice Crisp Cereal	English Muffin	WG French Toast Sticks	WG Apple Cinnamon Loaf	Cheerios
Extra/Protein					
LUNCH:					
	Pizza	Tortellini	Cheeseburger	Chicken Patty	Riblets
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Applesauce	Diced Peaches	Pineapple Tidbits	Diced Peaches
Vegetable	Stringbeans	Mixed Veggies	Tater Tots	Diced Carrots	Mashed Potatoes
Grain	WG Pizza		WG Hamburger Roll		
Meat/Meat Alt		Tortellini	Cheeseburger	WG Breaded Chicken Patty	BBQ Riblet Patty
Extra		Marinara Sauce			
PM SNACK:					
	Strawberry & Cream				Apple Dips
Milk/Water					
Fruit		Applesauce			Apple Slices
Vegetable					
Grain	WG Straw Waffle Graham	Graham Crackers	Cheezit Crackers	Savory Wheat Bites	
Meat/Meat Alternate	Vanilla Yogurt			String Cheese	Sunbutter
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Cereal Bar	Frozen Berries	Jelly	1/2 Banana
Grain	WG Rice Krispy Cereal	Vanilla Yogurt	WG Pancake	English Muffin	WG Rice Crisp Cereal
Extra/Protein					
LUNCH:					
	ChiCken Dippers	Tostada Tuesday	Cheesy Mac	Stir Fry	Pasta W/Meat Sauce
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Mandarin Oranges	Diced Pears	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
Vegetable	Mixed Veggies	Corn	Sweet Peas	Broccoli	Mixed veggies
Grain		WG Tostada	WG Elbow Macaroni	Rice	WG Pasta
Meat/Meat Alt	Chicken Nuggets	Turkey Taco Entrée		Diced Chicken	Beef Crumble
Extra	Ketchup	Shredded Cheese	Cheese Sauce	Teriyaki or Sweet N Sour sauce	Marinara Sauce
PM SNACK:					
				Banana Sushi Roll	
Milk/Water					
Fruit				1/2 Banana	
Vegetable	Bug Bite Crackers	Cucumber Slices			
Grain		Crackers	Shortbread Bites	WG Tortilla	Soft Pretzel Rod
Meat/Meat Alternate				Sunbutter	
Extra		Ranch			
WEEK 3					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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SPRING ED MARCH 2024

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Applebutter	1/2 Banana		
Grain	WG Rice Crisp Cereal	English Muffin	WG French Toast Sticks	WG Apple Cinnamon Loaf	Cheerios
Extra/Protein					
LUNCH:					
	Turkey Wrap	Tortellini	Chicken Dippers	Pizza	Breakfast
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Applesauce	Mandarin Oranges	Diced Pears	Low/Fat Free Milk (age 2+)
Vegetable	String Beans	Mixed Veggies	Mixed Veggies	Salad	Applesauce
Grain	WG Tortilla			WG Pizza	French Toast
Meat/Meat Alt	Turkey Slices/Amer Cheese	Tortellini	Chicken Nuggets		Turkey Sausage Patty
Extra	Ranch	Marinara Sauce	Ketchup or BBQ sauce		
PM SNACK:					
		Banana "Split"			
Milk/Water					
Fruit	Applesauce	1/2 Banana (cut in half)			
Vegetable					
Grain	Animal Crackers	Granola	Townhouse Crackers		Goldfish
Meat/Meat Alternate		Vanilla Yogurt	String Cheese		
Extra					
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana				
Grain	WG Cereal	WG Muffin	WG Waffle	Biscuits	WG Cereal
Extra/Protein				Jelly	
LUNCH:					
	Breakfast for Lunch	Manwich Sloppy Joe	Drummies	Crunchers	Fish Fry-day
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Diced Carrots
Grain		WG Hamburger Roll			
Meat/Meat Alt	Scrambled Egg Round	Beef Crumbles	Chicken Drummies	Pizza Crunchers	WG Fish Shapes
Extra		Manwich Sauce	Signature Sauce		
PM SNACK:					
		School Made Trail Mix	Zoo Dippers		
Milk/Water					
Fruit					
Vegetable					
Grain	Shortbread Cookies	School Made Trail Mix	Animal Crackers	Vanilla Wafers	Churro Crackers
Meat/Meat Alternate			Strawberry Yogurt		
Extra					Yogurt

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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Novick
CHILDCARE SOLUTIONS