

Chesterbrook APRIL 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/1/2024	4/2/2024	4/3/2024	4/4/2024	4/5/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana				Mixed Berries
Grain	WG Cereal	WG Muffin	WG Waffle	WG Cereal	WG Pancake
Extra/Protein					
LUNCH:					
	Breakfast for Lunch	Manwich Sloppy Joe	Drummies	Crunchers	Fish Fry-day
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Diced Carrots
Grain		WG Hamburger Roll			
Meat/Meat Alt	Scrambled Egg Round	Beef Crumbles	Chicken Drumsticks	Pizza Crunchers	WG Fish Shapes
Extra		Manwich Sauce	Signature Sauce		
PM SNACK:					
	Cuke Sandwich	School Made Trail Mix	Zoo Dippers		
Milk/Water					
Fruit					
Vegetable	Cucumber Slices				Fresh Veggie of Choice
Grain	WG Flatbread Squares	School Made Trail Mix	Animal Crackers	Vanilla Wafers	
Meat/Meat Alternate	Ranch		Strawberry Yogurt		Ranch
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/8/2024	4/9/2024	4/10/2024	4/11/2024	4/12/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		1/2 Banana			
Grain	WG French Toast Sticks	WG Rice Crisp Cereal	English Muffin	WG Cereal Oatmeal Bar	WG Apple Cinnamon Loaf
Extra/Protein			Sunbutter		
LUNCH:					
	Grilled Cheese	Chic/Veggie Eggrolls	Cheeseburger	Chicken Patty	Pizza
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Applesauce	Diced Peaches	Pineapple Tidbits	Diced Pears
Vegetable	Broccoli	Corn	Tater Tots	Diced Carrots	Stringbeans
Grain		WG Eggroll	WG Hamburger Roll		WG Pizza
Meat/Meat Alt	Grilled Cheese	Chicken	Cheeseburger	WG Breaded Chicken Patty	
Extra					
PM SNACK:					
	Strawberry & Cream	"Lunchable" Stackable			Apple Dips
Milk/Water					
Fruit					Apple Slices
Vegetable					
Grain	WG Straw Waffle Graham	WG Flatbread Squares	Cheezit Crackers	Savory Wheat Bites	
Meat/Meat Alternate	Vanilla Yogurt	Amer Cheese Slice		String Cheese	Sunbutter
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/15/2024	4/16/2024	4/17/2024	4/18/2024	4/19/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Frozen Berry Mix	1/2 Banana	Jelly	Mango
Grain	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	English Muffin	Vanilla Yogurt
Extra/Protein					
LUNCH:					
	SB & J	Tostada Tuesday	Cheesy Mac	Stir Fry	Pasta W/Meat Sauce
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Diced Pears	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
Vegetable	Tater Tots	Corn	Sweet Peas	Broccoli	Mixed veggies
Grain	WG Bread	WG Tostada	WG Elbow Macaroni	Rice	WG Pasta
Meat/Meat Alt	Sunbutter	Turkey Taco Entrée		Diced Chicken	Beef Crumble
Extra	Jelly	Shredded Cheese	Cheese Sauce	Teriyaki or Sweet N Sour sauce	Marinara Sauce
PM SNACK:					
	"Chocolate" Covered Strawberries	Cuke Sandwich		Banana Sushi Roll	
Milk/Water					
Fruit	Strawberry Slices			1/2 Banana	
Vegetable		Cucumber Slices			
Grain		WG Flatbread	Shortbread Bites	WG Tortilla	Soft Pretzel Rod
Meat/Meat Alternate	Chocolate Hummus Cup			Sunbutter	
Extra		Ranch			

WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/22/2024	4/23/2024	4/24/2024	4/25/2024	4/26/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Mango			Frozen Blueberries	
Grain	Vanilla Yogurt	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	CHEF'S
Extra/Protein					
LUNCH:					
	Turkey Wrap	Chef Salad	Chicken Dippers	Riblets	CHOICE
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Fruit	Diced Pears	Fruit Cocktail	Mandarin Oranges	Diced Peaches	
Vegetable	String Beans	Lettuce Mix	Mixed Veggies	Mashed Potatoes	
Grain	WG Tortilla				
Meat/Meat Alt	Turkey Slices/Amer Cheese	Dictd Turk Ham/Chedd Chs	Chicken Nuggets	BBQ Riblet Patty	
Extra	Ranch	Ranch or Italian Dressing	Ketchup or BBQ sauce		
PM SNACK:					
		Banana "Split"			
Milk/Water					DAY!!
Fruit	Applesauce	1/2 Banana (cut in half)		Clementine	
Vegetable					
Grain	Animal Crackers	Granola	Townhouse Crackers	WG Champ Bites	
Meat/Meat Alternate		Vanilla Yogurt	String Cheese		
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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