



NAME: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Unsweetened Applesauce	2 Chicken Tetrzzini Sherred Cheese on top Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	3 Breaded Fish Pasta (on Butter) Organic Green Peas and Sweet Corn Fresh Organic Fruits	4 Ground Beef Stroganoff Egg Noodles Organic Mixed Vegetables Fresh Organic Fruits	5 PIZZA
7	8 Pasta (on Butter) Roast Turkey Slices Peas and Carrots Sherred Cheese on top Unsweetened Applesauce	9 Chicken Nuggets Steamed Broccoli Pasta (on Butter) Ketchup Sherred Cheese on top Fresh Organic Fruits	10 <u>Burger Party</u> Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Oven Baked Medly Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	11 <u>Taco Party</u> Soft flour tortillas or Tortilla chips Gournd Meat - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	12 PIZZA
14	15 Brown Rice Sweet and Sassy Chicken (Chicken Breast Honey Mustard Glaze) Italian Green Beans Unsweetened Applesauce	16 Meatloaf with Ground Beef Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	17 Chicken in Gravy or Sauce Snow Peas With Butter and Lemon Pasta (on Butter) and Soft Roll Fresh Organic Fruits	18 Spaghetti & Meat Sauce with Ground Beef and Carrots Salad (Spinach, Romaine, Tomato, Cucumber) Ranch Dressing Garlic Bread Fresh Organic Fruits	19 PIZZA
21	22 Chicken Alfredo & Organic Green Peas Sherred Cheese on top Unsweetened Applesauce	23 Breaded Fish Oven Baked Creamy and Cheesy Potato-Broccoli-Cauliflower Casserole Cucumber Slices on the Side Fresh Organic Fruits	24 Sliced Turkey with Gracy Steamed Organic Carrots Baked Potatoes with cheese Corn Muffin on the side Fresh Organic Fruits	25 Chicken on Yellow Brown Rice Organic Green Beans and Sweet Corn Fresh Organic Fruits	26 PIZZA
28	29 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Unsweetened Applesauce	30 Chicken Tetrzzini Sherred Cheese on top Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	1 Breaded Fish Pasta (on Butter) Organic Green Peas and Sweet Corn Fresh Organic Fruits	2 Asiatic Inspired Fried Rice with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Crumbles Fresh Organic Fruits	3 PIZZA
		7.80 x _____ = _____ 5 x _____ = _____			