

SPRING ED MARCH 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana	Blueberries	Mandarin Orange	Pears	Berries
Grain	Cereal	Bagels		Blueberry Muffin	
Extra/Protein		Cream Cheese	Egg Patty		Sausage Patty
LUNCH:					
	Turkey & Cheese	Sloppy Joe	Drummies	Spaghetti	Fish Fry-day
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Fruit Cocktail	Strawberries	Mandarin Oranges	Applesauce
Vegetable	Corn	Sweet Peas	Diced Carrots	Stringbeans	Diced Carrots
Grain	Whole Grain Bread	Whole Grain bun			
Meat/Meat Alt	Turkey	Veggie Crumbles	Chicken Drummies	Veggie Crumbles	WG Fish Shapes
Extra			Signature Sauce		
PM SNACK:					
Milk/Water					
Fruit			Strawberries	Apple Slices	Bananas
Vegetable		Carrots			
Grain	Pretzles				Vanilla Wafers
Meat/Meat Alternate	Cheese Sticks		Yogurt		
Extra		Ranch		Sunbutter	
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/11/2024	3/12/2024	3/13/2024	3/14/2024	3/15/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana	Pears	Blueberries	Peaches	Pineapples
Grain		Bagel			Waffles
Extra/Protein	Cereal	Cream Cheese	Egg Patty	Yogurt	
LUNCH:					
	Grilled Cheese	Chicken Dumplings	Cheeseburger	Chicken Patty	Pizza
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Applesauce	Diced Peaches	Pineapple Tidbits	Diced Pears
Vegetable	Tomato Soup	Corn	Tater Tots	Diced Carrots	Stringbeans
Grain			WG Hamburger Roll		WG Pizza
Meat/Meat Alt	Cheese	Chicken Dumpling	Cheeseburger	WG Breaded Chicken Patty	
Extra					
PM SNACK:					
Milk/Water					
Fruit		Apple Sauce	Oranges		Apple Slices
Vegetable					
Grain	Sport Bites	Apple Cinnamon Grahams	Cheezit Crackers	Townhouse Crackers	
Meat/Meat Alternate	Vanilla Yogurt			String Cheese	Sunbutter
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 3

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/18/2024	3/19/2024	3/20/2024	3/21/2024	3/22/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana	Frozen Berry Mix	Berries	Mandarin Oranges	Peaches
Grain	WG Toasted Oats Cereal	WG Pancake	Egg Patty	Banana Muffin	Vanilla Yogurt
Extra/Protein					
LUNCH:					
	Chicken Nuggets	Turkey Ham	Cheesy Mac	Sloppy Joe	Fish Shapes
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Diced Pears	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
Vegetable	Corn	Sweet Potato	Sweet Peas	Broccoli	Mixed veggies
Grain	Whole Wheat Bread		WG Elbow Macaroni	Whole Grain Bun	WG Pasta
Meat/Meat Alt				Veggie Crumbles	Veggie Crumble
Extra			Cheese Sauce		Marinara Sauce
PM SNACK:					
Milk/Water					
Fruit	Peaches		Pineapples	Apples	
Vegetable		Cucumber Slices			
Grain	Vanilla Wafers		Shortbread Bites		Pretzels
Meat/Meat Alternate				Sunbutter	String Cheese
Extra		Ranch			

WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/25/2024	3/26/2024	3/27/2024	3/28/2024	3/29/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	1/2 Banana	Frozen Blueberries	Clementines	Pears	Fruit
Grain	Cereal	Waffles		Blueberry Muffins	
Extra/Protein			Egg Patty		Turkey Sausage
LUNCH:					
	Pierogies	Cheeseburger	Chicken Dippers	Spaghetti	Chicken Dumplings
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Fruit Cocktail	Mandarin Oranges	Diced Peaches	Applesauce
Vegetable	String Beans	Lettuce Mix	Mixed Veggies	peas	Corn
Grain					
Meat/Meat Alt			Chicken Nuggets		Chicken Dumpling
Extra			Ketchup or BBQ sauce		
PM SNACK:					
Milk/Water					
Fruit	Applesauce	Strawberries		Clementine	Cucumbers
Vegetable					
Grain	Cheese-itz		Townhouse Crackers	WG Champ Bites	
Meat/Meat Alternate		Yogurt	String Cheese		Ranch
Extra					