

Chesterbrook Academy - MAY 2024 MENU

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/29/2024	4/30/2024	5/1/2024	5/2/2024	5/3/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit Cocktail	Canned Cinnamon Apples	Mixed Berries	Banana	Applesauce
Grain	Biscuit	English Muffin	WG Waffle	WG Cereal	WG Muffin
Extra/Protein	Turkey Sausage/Veg. Sausage	Apple Butter	Maple Syrup		
LUNCH:					
	Mac N Cheese	Drummies	Sloppy Joe	Pizza	Fish Fry-Day
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pineapple	Diced Peaches	Diced Pears	Tropical Mixed Fruit	Fresh Blueberries
Vegetable	Peas	Mixed Veggies	Broccoli	Stringbeans	Diced Carrots
Grain			WG Hamburger Roll		
Meat/Meat Alt	Mac N Cheese	Chicken Drummies w/ Ketchup	Beef Crumblers w/ Manwich	Pizza	WG Fish Shapes
Vegetarian Option		Veggie Nuggets	Bean Burger Patty		Cheese Quesadilla
PM SNACK:					
Milk/Water	Water	Water	Banana Sushi Roll	Water	Water
Fruit		Mandarin Oranges	Banana	Mango	
Vegetable					Fresh Veggie of Choice
Grain	Graham Crackers	WG Apple Cinn Grahams	WG Tortilla	Shortbread Bites	Townhouse Crackers
Meat/Meat Alternate			Sunbutter		Ranch
Extra	Vanilla Pudding				
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	5/6/2024	5/7/2024	5/8/2024	5/9/2024	5/10/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Mixed Berries	Tropical Mixed Fruit	Fresh Strawberries	Canned Cinnamon Apple	Banana
Grain	WG Pancake	Cheese Toast	English Muffin	WG Cereal/Oatmeal Bar	WG Apple Cinnamon Loaf
Extra/Protein	Maple Syrup		Sunbutter		
LUNCH:					
	Riblets	Breakfast for Lunch	Turkey Wrap	Chicken Patty	Cheese Ravioli
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Applesauce	Diced Peaches	Banana	Diced Pears
Vegetable	Mixed Veggie	Tater Tots	Corn	Diced Carrots	Stringbeans
Grain		WG Biscuit	WG Tortilla		Cheese Ravioli w/ Marinara Sauce
Meat/Meat Alt	Rib Patty w/ BBQ Sauce	Egg Patty	Turkey Slices/American Cheese	WG Breaded Chicken Patty	
Vegetarian Option	Bean Burger Patty		Cheese Wrap	Vegetarian Nuggets	
PM SNACK:					
Milk/Water	Water	Water	Water	Water	Apple Dips Water
Fruit			Mandarin Oranges		Apple Slices
Vegetable					
Grain	Cheese Cracker	Tortilla Chips	WG Champ Bites	Savory Wheat Bites	Satine Crackers
Meat/Meat Alternate	Pineapple			String Cheese	Sunbutter
Extra		Salsa			

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	5/13/2024	5/14/2024	5/15/2024	5/16/2024	5/17/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Tropical Mixed Fruit	Mixed Berries	Banana	Fresh Blueberries	Mango
Grain	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	WG French Toast Sticks	Vanilla Yogurt
Extra/Protein		Maple Syrup		Maple Syrup	Granola
LUNCH:					
	Fish Sticks	Taco Tuesday	Cheestek Sliders	Stir Fry	Pasta W/Meat Sauce
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Mandarin Oranges	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
Vegetable	Tater Tots	Corn	Sweet Peas	Broccoli	Mixed veggies
Grain		WG Tortilla	WG Slider Bun	Rice	WG Pasta
Meat/Meat Alt	WG Fish Sticks	Turkey Taco Entrée w/ Shredded Cheese	Diced Beef w/ Mozzarella Cheese	Diced Chicken w/ Teriyaki Sauce	Beef Crumble w/ Marinara Sauce
Vegetarian Option	Sunbutter & Jelly Sandwhich	Cheese Quesadilla	Veggie Nugget & Cheese Slider	Vegetable Egg Roll	WG Pasta w/ Marianara
PM SNACK:					
	"Chocolate" Covered Strawberries			Banana Sushi Roll	
Milk/Water	Water	Water	Water	Water	Water
Fruit	Strawberry Slices	Baked Cinnamon Apples	Cantelope	1/2 Banana	Diced Pears
Vegetable					
Grain	Pita Chips	Graham Crackers	Churro Crackers	WG Tortilla	Soft Pretzel Rod
Meat/Meat Alternate	Chocolate Hummus Cup			Sunbutter	Cheese Sauce
Extra		Cream Cheese Spread			

WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	5/20/2024	5/21/2024	5/22/2024	5/23/2024	5/24/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Pineapple	Fresh Strawberries	Banana	Frozen Blueberries	CHEF'S
Grain	WG Spooner Cereal	Cheese Toast	WG Oatmeal/Cereal Bar	WG Muffin	
Extra/Protein					
LUNCH:					
	Turkey Wrap	Pizza Crunchers	Chicken Dippers	Pulled BBQ Chicken	CHOICE
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Fruit	Diced Pears	Fruit Cocktail	Mandarin Oranges	Diced Peaches	
Vegetable	String Beans	Lettuce Mix w/ Ranch	Mixed Veggies	Mashed Potatoes	
Grain	WG Tortilla				
Meat/Meat Alt	Turkey Slices/Amer Cheese/Ranch	Pizza Crunchers	Chicken Nuggets w/ Ketchup	Minced Chicken in Sauce	
Vegetarian Option	Cheese Wrap		Veggie Nuggets	Veggie Suasage Patty	
PM SNACK:					
		"Cuke" Sandwich		Banana "Split"	DAY!!
Milk/Water					
Fruit	Applesauce			Banana	
Vegetable		Cucumber Slices			
Grain	Animal Crackers	Flatbread Squares	Townhouse Crackers	Granola	
Meat/Meat Alternate			String Cheese	Vanilla Yogurt	
Extra		Cream Cheese			

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2. The fruit component at lunch may be substituted by an additional vegetable.



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WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	5/27/2024	5/28/2024	5/29/2024	5/30/2024	5/31/2024
AM SNACK:					
Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable		Applesauce	Pineapple Tidbits	Diced Peaches	Mixed Berries
Grain		WG Muffin	WG Waffle	WG Cereal	WG Pancake
Extra/Protein			Maple Syrup		Maple Syrup
LUNCH:					
		Manwich Sloppy Joe	Drummies	Pizza	Fish Fry-day
Milk	HAPPY MEMORIAL	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit		Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
Vegetable		Sweet Peas	Diced Carrots	Stringbeans	Mixed Vegetables
Grain		WG Hamburger Roll			
Meat/Meat Alt		Beef Crumbles w/ Manwich Sauce	Chicken Drummies w/ BBQ Sauce	Pizza	WG Fish Shapes
Extra		Bean Burger Patty in Manwich Sauce	Veggie Nuggets		Vegetable Egg Roll
PM SNACK:					
	DAY!!		Zoo Dippers		
Milk/Water		Water	Water	Water	Water
Fruit		Fresh Blueberries		Banana	
Vegetable					Fresh Veggie of Choice
Grain		Chex Mix	Animal Crackers	Vanilla Wafers	Townhouse Crackers
Meat/Meat Alternate			Strawberry Yogurt	Vanilla Pudding	Ranch
Extra					

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 2. The fruit component at lunch may be substituted by an additional vegetable.
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