April 2024 Menu

| WEEK 1 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates:\| | 4/1/2024 | 4/2/2024 | 4/3/2024 | 4/4/2024 | 4/5/2024 |
| Breakfast: 8:00-8:30am |  |  |  |  |  |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit/Vegetable | 1/2 Banana | Peaches | Blueberries |  | Mixed Berries |
| Grain | WG Cereal | Waffle |  | Bagel | WG Pancake |
| Extra/Protein |  |  | Egg Patty | Cream Cheese |  |
| LUNCH: 11:30-12:00pm |  |  |  |  |  |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit | Diced Pears | Fruit Cocktail | Diced Pears | Mandarin Oranges | Applesauce |
| Vegetable | Diced Carrots | Sweet Peas | Diced Carrots | Stringbeans | Diced Carrots |
| Grain |  | WG Hamburger Roll | Rice |  |  |
| Meat/Meat Alt | Chicken Drummies | Beef Crumbles | Chicken | Pizza Crunchers | WG Fish Shapes |
| Extra |  | Manwich Sauce | Creanm of Chicken |  |  |

## PM SNACK: 2:30-3:00pm

| Milk/Water |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit |  |  | Strawberries |  |  |
| Vegetable | Cucumber Slices |  |  | Hummus | Fresh Veggie of Choice |
| Grain |  | Goldfish Crackers |  | Saltine Crackers |  |
| Meat/Meat Alternate | Ranch |  | Strawberry Yogurt |  | Ranch |
| Extra |  | String Cheese |  |  |  |
|  |  |  |  |  |  |
| WEEK 2 |  |  |  |  |  |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 4/8/2024 | 4/9/2024 | 4/10/2024 | 4/11/2024 | 4/12/2024 |

## Breakfast: 8:00-8:30am

| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit/Vegetable | Apple Slices | Mixed Berries | Pineapples | Pears |  |
| Grain | WG French Toast Sticks |  |  | Apple Cinnamone Loaf | English Muffin |
| Extra/Protein |  | Strawberry Yougurt | Turkey Sausage Patty |  | Sunbutter |
| LUNCH: 11:30-12:00pm |  |  |  |  |  |
|  |  |  |  |  |  |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit | Fruit Cocktail | Applesauce | Diced Peaches | Pineapple Tidbits | Diced Pears |
| Vegetable | Broccoli | Corn | Tater Tots | Diced Carrots | Stringbeans |
| Grain |  | WG Eggroll | WG Hamburger Roll | Pizza | WG Hamburger roll |
| Meat/Meat Alt | Grilled Cheese | Chicken | Cheeseburger |  | WG Breaded Chicken Patty |
| Extra |  |  |  |  |  |


| PM SNACK: 2:30-3:00pm |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| Milk/Water |  |  |  |  |
| Fruit |  |  | Apple Slices |  |
| Vegetable |  |  |  |  |
| Grain |  |  |  |  |
| Meat/Meat Alternate | Strawberry Yogurt | Amer Cheese Slice |  |  |
| Extra |  |  | Sunbutter |  |

[^0]Novick
CHILDCARE SOLUTIONS

April 2024 Menu

## WEEK 3

| WEEK 3 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |  |
| Dates: | $4 / 15 / 2024$ | $4 / 16 / 2024$ | $4 / 17 / 2024$ | $4 / 18 / 2024$ | $4 / 19 / 2024$ |  |

## Breakfast: 8:00-8:30am

| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit/Vegetable | 1/2 Banana |  |  | Peaches | Frozen Mixed Berries |
| Grain | WG Toasted Oats Cereal | Bagel | English Muffin | French Toast |  |
| Extra/Protein |  | Cream Cheese | Egg patty |  | Vanilla Yogurt |
| LUNCH: 11:30-12:00pm |  |  |  |  |  |
|  |  |  |  |  |  |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| Fruit | Diced Pears | Diced Pears | Diced Peaches | Pineapple Tidbits | Fruit Cocktail |
| Vegetable | Tater Tots | Corn | Sweet Peas | Broccoli | Mixed veggies |
| Grain | Pierogies |  | WG Elbow Macaroni | WG Bun |  |
| Meat/Meat Alt |  | Meatloaf |  | Veggie Crumbles | Chicken Nuggets |
| Extra |  |  | Cheese Sauce | Manwhich Sauce |  |

## PM SNACK: 2:30-3:00pm

|  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Milk/Water |  |  |  |  |  |
| Fruit | Strawberries |  |  |  |  |
| Vegetable | Graham Cracker |  |  |  |  |
| Grain | Cucumber Slices |  |  |  |  |
| Meat/Meat Alternate |  |  |  |  |  |
| Extra |  | Ranch | Cheesits |  |  |


| WEEK 4 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |  |
| Dates: | $4 / 22 / 2024$ | $4 / 23 / 2024$ | $4 / 24 / 2024$ | $4 / 25 / 2024$ | $4 / 26 / 2024$ |  |

## Breakfast: 8:00-8:30am

| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Fruit/Vegetable | Mixed Berried |  | Oranges | Frozen Blueberries |  |
| Grain | Vanilla Yogurt |  |  | Oatmeal | CHEF'S |
| Extra/Protein |  |  | Sausage Patty |  |  |
| LUNCH: 11:30-12:00pm |  |  |  |  |  |
| Milk | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | CHOICE |
| Fruit | Diced Pears | Fruit Cocktail | Mandarin Oranges | Diced Peaches |  |
| Vegetable | String Beans | Lettuce Mix | Mixed Veggies | Corn |  |
| Grain | WG Tortilla |  |  | Pasta |  |
| Meat/Meat Alt | Turkey Slices/Amer Cheese | Dicd Turk Ham/Chedd Chs | Chicken Nuggets | Veggie Crumbles |  |
| Extra | Ranch | Ranch or Italian Dressing | Ketchup or BBQ sauce | Marinara Sauce |  |

PM SNACK: 2:30-3:00pm

|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Milk/Water |  |  |  |  |
| Fruit | Applesauce | $1 / 2$ Banana (cut in half) |  |  |
| Vegetable |  |  |  |  |
| Grain | Animal Crackers | Granola | Clementine |  |
| Meat/Meat Alternate |  | Vanilla Yogurt | SAY!! |  |
| Extra |  |  |  |  |

[^1]Novick
CHILDCARE SOLUTIONS


[^0]:    1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week. 2. The fruit component at lunch may be substituted by an additional vegetable.

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