



# May Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>AM Snack</b>	<b>Food Substitutes for Infant/Toddlers:</b> 1. Apple Slices sub applesauce	Dairy: Dairy Free Choices	1 English muffin, turkey bacon and oranges	2 Cereal bars, pineapples	3 Grits sausage and peaches
<b>Lunch</b>	2. Salad sub steamed veggies		Mac and cheese bites, baked beans and apple sauce	Cheese pizza, corn, strawberries	Grilled Cheese, baked beans, sweet potato tots, pears
<b>PM Snack</b>	3. Hard snacks sub Yogurt		Rice cakes	Fig newton juice	Cinnamon sugar pretzels
<b>AM Snack</b>	6 French toast/turkey bacon/strawberries, Milk	7 Biscuits/Turkey sausage,Pineapples, Milk	8 Cereal bar,Mixed fruit, Milk	9 Waffles/Turkey bacon,Pears, Milk	10 Oatmeal, Pears, Milk
<b>Lunch</b>	Teriyaki chicken, rice, broccoli and mixed fruit.	Cheese quesadilla corn and strawberries	Pasta Salad with turkey, tomatoes and cucumbers. Crackers and pears	Grilled Cheese, bake beans Applesauce, Milk	Chicken Alfredo,Broccoli,Peaches Milk
<b>PM Snack</b>	Sun butter and apples	Fig Newton,Pears Water	Cheese it's, apple juice	Sliced Apples, Animal Crackers, Water	Mixed Fruit Parfaits
<b>AM Snack</b>	13 Grits,Sausage,Pineapples, Milk	14 Whole grain cereal,Peaches Milk	15 Turkey Bacon,Biscuits,Mandarin Oranges, Milk	16 Cereal bar, Pineapple, Milk	17 Hash browns, and peaches
<b>Lunch</b>	Chicken Nuggets,Sweet potato tots, Mixed fruit, Milk	Chicken Tacos, Black beans and corn with Pears	BBQ meatballs rice and peas, peaches	Cheese Pizza,Green beans, Pears, Milk	Fish sticks, fries and cantaloupe
<b>PM Snack</b>	Fruit cocktail and animal crackers	Rice cakes, Apple slices, Water	Yogurt,Graham Crackers, Water	Goldfish,Peaches, Water	Nilla wafers and strawberries
<b>AM Snack</b>	20 Whole Grain Cereal, Pineapple, Milk	21 Cereal bar,Peaches, Milk	22 Grits,Turkey bacon Pears, Milk	23 Oatmeal, Pears, Milk	24 Sausage biscuit,Peaches Milk
<b>Lunch</b>	BUtter Noodles, carrots, Mixed fruit Milk	Mac and Cheese, Green beans, Pears, Milk	Spaghetti,Corn, Applesauce Milk	Grilled cheese, Bake beans, Pineapples, Milk	Chicken rice, Peas,Mixed fruit Milk
<b>PM Snack</b>	Yogurt,	Animal Crackers,Apple slices, Water	Rice cakes, Pears, Water	Fig newton Apple juice	Cake/fruit cups
<b>AM Snack</b>	27 No School	28 Whole grain cereal, Pears, Milk	29 Waffles, Peaches, Milk	30 Cereal bar, Pineapples, Milk	1 Grits, Turkey bacon,Pears, Milk
<b>Lunch</b>		Cheese burger,Tots, Pineapples, Milk	Veggie lasagna,Salad,Mandarin oranges, Milk	Cneese pizza, Corn, Strawberries, Milk	Chicken sandwiches,Sweet potatoes,pears, milk
<b>PM Snack</b>		Cheese its, Apple slices, Water	Fig newton,Pears Water	Rice cakes,Apple slices, Milk	Yogurt,Graham crackers, Water