



May Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		*Vegetarian Options- Cheese Quesadilla, Veggie Nuggets, Veggie Patty	1 Turkey Sausage Biscuit, Eggs, Oranges, Milk	2 Cereal, Banana, Milk	3 Pancakes w/Sugar Free Syrup, Peaches, Milk
Lunch			Bbq Sandwich, Baked Beans, Mixed Fruit, Milk	Mac and Cheese, Broccoli, Pears, Milk	Baked Ziti, Green Beans, Pineapple, Milk
PM Snack			Gold Fish, String Cheese, Milk	Fig Newton, 100% Apple Juice	Veggie Crackers, Sunbutter, Water
AM Snack	6 Yogurt Parfait w/Berries, Milk	7 Cheese Grits, Eggs, Pears, Milk	8 French Toast Sticks w/Sugar Free Syrup, Peaches, Milk	9 Oatmeal, Blueberries, Milk	10 Cereal, Banana, Milk
Lunch	Chicken Parm Sliders, Green Peas, Oranges, Milk	Shephards Pie, Mixed Fruit, Milk	Chicken Quesadilla, Corn, Pineapple, Milk	Turkey and Cheese Sliders, Peaches, Milk	Sunbutter and Jelly Sandwich, Pears, Milk
PM Snack	Graham Crackers, Apple Slices, Water	Nutrigrain Bar, Banana, Water	Goldfish, String Cheese, Water	Vanilla Wafers, Pudding, Water	Ritz Crackers, Apple Slices, Water
AM Snack	13 Pancakes w/ Sugar Free Syrup, Peaches, Milk	14 Cheese Grits, Turkey Sausage, Pears, Milk	15 Nutrigrain Bar, Applesauce, Water	16 Blueberry Muffin, Mixed Fruit, Milk	17 Waffles w Sugar Free Syrup, Mixed Fruit, Milk
Lunch	Grilled Cheese, Broccoli, Mixed Fruit, Milk	Chicken, Rice and Beans, Peas, Pineapple, Milk	Chicken and Waffles, Corn, Peaches, Milk	BBQ Sandwich, Baked Beans, Peaches, Milk	Cheeseburger Tortellini, Green Beans, Pineapple, Milk
PM Snack	Turkey and Cheese Roll ups, Water	String Cheese, Apple Slices, Water	Cucumbers w Ranch, String Cheese, Water	Graham Crackers, Sunbutter, Water	Carrots w/Ranch, String Cheese, Water
AM Snack	20 Cheese Toast, Pears, Milk	21 Waffles w/Sugar Free Syrup, Peaches, Milk	22 Cheese Grits, Eggs, Peaches, Milk	23 Cereal, Banana, Milk	24 Yogurt Parfait w/ Berries, Milk
Lunch	Meatloaf, Diced Potatoes, Oranges, Milk	Ground Turkey Tacos, Pears, Corn, Milk	Hamburger Rice Casserole, Green Beans, Mixed Fruit, Milk	Sunbutter and Jelly Sandwich, Pears, Carrots, Milk	Hot Turkey and Cheese Sliders, Mixed Veggies, Mixed Fruit, Milk
PM Snack	Cucumbers w/ Ranch, Water	Fig Newton, 100% Apple Juice	Goldfish, String Cheese, Water	Turkey and Cheese Crackers, Water	Nutrigrain Bar, Banana, Water
AM Snack		28 Cinnamon Rolls, Banana, Milk	29 Yogurt Parfait w/ Berries, Milk	30 Oatmeal, Blueberries, Milk	31 Cheese Grits, Eggs, Pears, Milk
Lunch		Fish Nuggets, Peas, Pineapple, Milk	Sloppy Joe Sliders, Broccoli, Peaches, Milk	Tater Tot Casserole, Carrots, Oranges, Milk	Beef Ravioli, Green Beans, Oranges, Milk
PM Snack		Crackers, Cucumbers w/Ranch, Water	Rice Cake, Apple Slices, Water	Graham Crackers, Banana, Milk	Crackers, Cucumbers w/Ranch, Water