



May Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1 Cornflakes, Banana, Whole/1% Milk	2 Buttery Grits, Whole/1% Milk	3 Cinnamon Oatmeal, Whole/1% Milk
Lunch			Chicken & Cheese Quesadilla, Black Beans, Corn, Pears, Whole/1%	Whole Grain Spaghetti w/ Turkey Sauce, Cheese, Green Beans, Applesauce, Whole/1% Milk	Grilled Cheese Sandwich, Broccoli, Fries, Mixed Fruit, Whole/1% Milk
PM Snack			Veggie Crackers, Hummus	Banana Muffin, Whole/1% Milk	Goldfish, Applesauce
AM Snack	6 Cheese Toast w/ Jelly , Whole/1% Milk	7 Egg Omelet, Whole/1% Milk	8 Toasty Oats Cereal, Whole/1% Milk	9 Blueberry Muffins and Whole/1% Milk	10 Whole Wheat Pancakes and Whole/1% Milk
Lunch	Soy Crumble, Sloppy Joe w/ Bun, Tater Tots, Peaches, Whole/1% Milk	Chicken Fried, Rice, Pea, Carrots Whole/1% Milk	Turkey and Cheese Wraps, Cucumbers, Carrots, Applesauce, Whole/1% Milk	Veggie Burgers w/ Cheese, Tater Tots, Tropical Fruit, Whole/1% Milk	Fish Sticks, Peas & Carrots, Oranges, Whole/1% Milk
PM Snack	Trail Mix w/ Cherrios, Chex, and Raisins	Vanilla Wafers, Whole/1% Milk	Animal Crackers and Whole/1% Milk	Goldfish and Sliced Apples	Strawberry Yogurt and Graham Crackers
AM Snack	13 Butter Croissants w/ Jelly and Whole/1% Milk	14 Cinnamon Oatmeal, Whole/1% Milk	15 Oat Cereal, Whole/1% milk	16 Whole Wheat English Muffin w/ Egg and Cheese, Whole/1% Milk	17 French Toast Sticks w/Syrup, Whole/1% Milk
Lunch	Chicken Alfredo w/ Spinach over Rice, Whole/1% Milk	Fish Sticks, Green Peas, Apple Sauce, Whole/1% Milk	Grilled Cheese Sandwich, Tater Tots, Peaches, Whole/1% Milk	Chicken Nuggets, Green Peas, and Mango, Whole/1% Milk	Vegetarian Taco Wrap, Black Beans, Corn, Pears, Whole/1% Milk
PM Snack	Caramel Rice Cakes and Pears	Cheez-Its and Applesauce	Strawberry Yogurt and Graham Crackers	Sweet Potato Crackers and Whole/1% Milk	Goldfish, Apple Slices
AM Snack	20 Sausage w/Scrambled Egg, Whole/1% Milk	21 Cinnamon Toast, Whole/1% Milk	22 Granola Bars, Whole/1% Milk	23 Buttermilk Biscuit w/ Egg and Jelly, Whole/1% Milk	24 Buttery Grits, Whole/1% Milk
Lunch	Veggie Cheeseburgers on Bun, Sweet Potato Nuggets, Tropical Fruit, Whole/1% Milk	Fish Nuggets, Potato Wedges, Coleslaw, Oranges, Whole/1% Milk	Cheesy Ravioli, Corn, Peaches, Whole/1% Milk	Teriyaki Chicken, Rice, Green Beans, Mango, Whole/1% Milk	Turkey & Cheese on Whole Wheat Bread, Cucumber Salad, Applesauce, Whole/1% Milk
PM Snack	Cheese Sticks and Saltine Crackers	Sunbutter and Apple Slices	Vanilla Pudding, Graham Crackers	Ritz Crackers and Sunbutter	Bananas and Animal Crackers
AM Snack	27 Waffles w/ Syrup, Whole/1%Milk	28 Brown Sugar Oatmeal, Whole/1% Milk	29 Whole Wheat Pancakes, Whole/1% Milk	30 Sausage on Buttery Whole Wheat Biscuit, Whole/1% Milk	31 Blueberry Muffins and Whole/1% Milk
Lunch	Grilled Cheese Sandwich, Pears, Vegetable Soup and Saltine Crackers w/ Whole/1% Milk	Chicken Fried Rice, Peas, Carrots, Oranges, Whole/1% Milk	Hawaiian Pizza w/ Cheese and Pineapples, Corn, Whole/1% Milk	Chicken Nuggets, Tater Tots, Oranges, Whole/1% Milk	Veggie Cheeseburgers on Bun, Potato Wedges, Pineapple, Whole/1% Milk
PM Snack	Trail Mix w/ Cherrios, Chex, and Raisins	Slice Cheese and Saltine Crackers	Sunbutter w/Ritz Crackers	Strawberry Yogurt, Graham Crackers	Sweet Potato Crackers and Whole/1% Milk