

Chesterbrook Academy APRIL 2025 School Menu

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Fruit of choice	Mango	Pineapple Tidbits	Fresh Blueberries	Banana
Grain	Chex Cereal	Vanilla Yogurt	WG French Toast	Cinnamon Raisin Bread	WG Crispy Rice Cereal
Extra/Protein					
LUNCH:					
	Breakfast	BBQ SLIDER	Fish Rectangle	PHILLY CHEESESTEAK	THAT'S A WRAP
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Applesauce
Vegetable	Sweet Peas	Corn	Mixed Vegetable	Tater Tots	Diced Carrots
Grain	English Muffin	WG Slider		WG Roll	WG Tortilla
Meat/Meat Alt	Egg Patty w/ cheese	Bbq Shredded Chicken	Fish Rectangle	Beef Steak w/ Cheese	Turkey/Cheese
Vegetarian Option	English Muffin w/ Jelly	Veggie Nuggets	Sunbutter & Jelly Sandwich	Bean Burger Patty	Tofurkey & Cheese Sandwich
PM SNACK:					
Fruit	Mandarin Oranges		Banana	Diced Mango	Fruit Cocktail
Vegetable		Cucumber Slices/Ranch			
Grain	Alphabet Cracker	Wheat Thins	Apple Cinn Graham Bears		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
Extra					

WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/7/2025	4/8/2025	4/9/2025	4/10/2025	4/11/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Diced Pears	Sliced Strawberries	Mixed Berries	Diced Peaches	Applesauce
Grain	WG Cereal	Vanilla Yogurt	WG Waffle	WG Cereal Bar	WG Blueberry Loaf
Extra/Protein					
LUNCH:					
	MAC N CHEESE	Tacos	CHICKEN PATTY	Pasta	FISH STICKS
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Applesauce	Fruit Cocktail
Vegetable	Sweet Peas	Mixed Vegetable	Diced Carrots	Corn	Sweet Potato Fries
Grain		WG Tortilla		Elbow Macaroni	
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée w/ cheese	Chicken Patty	Beef Crumbles w/ Marinara Sauce	WG Fish Sticks
Vegetarian Option		Vegan Crumbles	Veggie Nuggets	Pasta w/ Marinara Sauce	Sunbutter & Jelly Sandwich
PM SNACK:					
Fruit		Diced Peaches	Apple Slices	Diced Mango	Banana
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers	Townhouse Crackers	All Sport Bites	Education Crackers
Protein	String Cheese		Sunbutter		
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/14/2025	4/15/2025	4/16/2025	4/17/2025	4/18/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit (Optional)	Fruit of choice	Tropical Mixed Fruit	Fruit Cocktail	Banana	
Grain	WG Cereal	WG Mini Bagel	WG Cheese Toast	WG Pancake Bites	
Extra/Protein		Cream Cheese			
LUNCH:					
	MAX STIX	TACO TUESDAY	CHICKEN DRUMMIES	BEEF & BROCCOLI	CHOICE
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	
Fruit	Applesauce	Diced Pears	Pineapple Tidbits	Diced Peaches	
Vegetable	Mixed Veggies	Sweet peas	Green Beans	Broccoli	
Grain		WG Tortilla		Brown Rice	
Meat/Meat Alt	Pizza Max Stix	Turkey Taco Entrée w/ Cheese	Chicken Drummiesw/ Signature Sauce	Beef Steak w/ Teriyaki Sauce	
Vegetarian Option		Vegan Crumbles	Veggie Nuggets	Bean Burger Patty	
PM SNACK:					
Fruit	Diced Peaches			Applesauce	DAY!
Vegetable					
Grain	WG Alphabet Crackers	Vanilla Wafers	Townhouse Crackers	Animal Crackers	
Protein		Strawberry Yogurt	Cheese Slice		
Extra					

WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/21/2025	4/22/2025	4/23/2025	4/24/2025	4/25/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mixed Berries	Sliced Strawberries	Blueberries	Applesauce	Diced Peaches
Grain	WG Pancakes	WG Toasted Oat Cereal	Vanilla Yogurt	WG French Toast Stix	WG Cereal Bar
Extra/Protein					
LUNCH:					
	BBQ Chicken	BREAKFAST	CHEESEBURGER	PIZZA	CHICKEN TENDERS
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Diced Pears	Diced Pineapple	Fruit Cocktail	Mandarin Oranges
Vegetable	Broccoli Bites	Diced Carrots	Tater Tots	Green Beans	Mixed Veggies
Grain	WG Slider	WG English Muffin	WG Bun	WG Crust	
Meat/Meat Alt	BBQ Shredded Chicken	Scrambled Egg w/ Cheese	Beef Patty w/ Cheese	Pizza	Chicken Tenders
Extra	Veggie Nuggets	English Muffin w/ Jelly	Bean Burger Patty		Veggie Nuggets
PM SNACK:					
Fruit		Diced Pears	Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish		Graham Cracker	Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra				Ranch	

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	4/28/2025	4/29/2025	4/30/2025	5/1/2025	5/2/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Fruit Cocktail	Fruit of Choice	Diced Peaches	Fresh Blueberries	Banana
Grain	WG English Muffin	WG Spooner Cereal	WG Oatmeal Cereal Bar	Cinnamon Raisin Bread	WG Crispy Rice Cereal
Extra/Protein	Jelly				
LUNCH:					
	Fish Shapes	Grilled Cheese	CHICKEN LO MEIN	PHILLY CHEESESTEAK	THAT'S A WRAP
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Cocktail
Vegetable	Green Beans	Corn	Sweet peas	Tater Tots	Diced Carrots
Grain		WG Sandwich Bread	WG Spaghetti Noodles	WG Roll	WG Tortilla
Meat/Meat Alt	Fish Shapes	Cheese	Diced Chicken	Beef Steak	Turkey/Cheese
Vegetarian Option	Sunbutter & Jelly Sandwich		Teriyaki Sauce	Cheese	Tofurkey & Cheese Wrap
PM SNACK:					
Fruit	Mandarin Orange		Applesauce	Diced Mango	Pineapple Tidbits
Vegetable		Cucumber Slices/Ranch			
Grain	Sunrise Bites	WG Crackers	Apple Cinn Graham Bears		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
Extra				Ranch	

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.