

CHESTERBROOK MENU : MARCH/APRIL 2025

Week of MARCH 24th,

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/24/2025	3/25/2025	3/26/2025	3/27/2025	3/28/2025
AM SNACK:					
Milk/Dairy	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Pears	Mandarin Oranges	Banana	Mango	Sliced Apples
Grain/Meat	WG Cereal	WG Cereal Bar	WG Pancakes	WG Cereal	WG Blueberry Muffin
Extra			w/sf Syrup		
LUNCH:					
Milk/Dairy	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Mixed Fruit	Blueberries	Fresh Apple slices	Mixed Berries	Fresh Orange slices
Vegetable	Broccoli	Tossed Salad	Fresh Zucchini	Tomato Soup	Tater Tots
Grain	WG Macaroni N Cheese	WG Tortilla & Corn Poppers		Grilled Cheese on WG Bread	WG Bun
Meat/Protein	Cheese	Diced Chicken/Beans	Grilled Nuggets/V.O.	Cheese	BBQ Chicken/V.O.
Extra			(Veg. option available)		
PM SNACK:					
Milk/Dairy		Cheese		Yogurt	Cheese
Fruit	Applesauce		Mixed Fruit		
Vegetable					
Grain	WG Graham Crackers	WG Sports Crackers	WG Goldfish	WG Granola	Mixed Snack
Meat/Protein					
Extra	Water	Water	Water		

Week of MARCH 31st,

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025
AM SNACK:					
Milk/Dairy	Whole Milk(age 1) or Low/Fat Free Milk(age 2+)	Whole Milk(age 1) or Low/Fat Free Milk(age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Peaches	Banana	Strawberries	Mandarin Oranges	Mixed Fruit
Grain/Meat	WG Cereal	Mixed Breakfast	WG Apple Cinnamon Loaf	WG French Toast w/sf syrup	WG Cereal
Extra					
LUNCH:					
Milk/Dairy	Whole Milk(age 1) or Low/Fat Free Milk(age 2+)	Whole Milk(age 1) or Low/Fat Free Milk(age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Pears	Applesauce	Fresh Sliced Oranges	Mixed Berries	Fresh Apple Slices
Vegetable	Peas	Tater Tots	Corn	Fresh Toss Salad w/ranch	Fresh Zucchini
Grain	Baked Ziti (Noodles+ Sauce+Cheese)	WG Pancakes w/sf syrup	Cheese Quesadilla on WG Tortilla	WG Pizza Sticks w/sauce	WG Bread
Meat/Protein	Cheese	Turkey Sausage/V.O.	Cheese, Beans	Cheese	Mixed Chicken/V.O.
Extra		(Veg. Option available)			(Veg. Option available)
PM SNACK:					
Milk/Dairy		Cheese	Yogurt	Cheese	
Fruit	Apple Butter				Mixed Fruit
Vegetable					
Grain	WG Rice Cake	WG Waffle Grahams	WG Granola	WG Lemon Blueberry bites	Mixed Snack
Meat/Protein					
Extra	Water	Water	Water	Water	Water

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
2. The fruit component at lunch may be substituted by an additional vegetable.