



May 2025



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				Baked Chicken Mini's on Whole Grain Biscuits & Milk	Oatmeal with fresh fruit and milk
Lunch				Sunbutter & Jelly Sandwiches on whole wheat, apple slices and steamed green beans w/ milk	Whole wheat pasta, cheese, cucumbers and tomatoes, fresh fruit & milk
PM Snack				Mozzarella Cheese Sticks with Whole Grain Crackers & Water	Apple slices with graham crackers
AM Snack	Baked Blueberry Muffins, Fresh Fruit & Milk	Breakfast Burritos & Salsa w/ milk	Apple Slices w/ cinn & whole wheat pancakes & milk	Scrambled Eggs w/ Whole Wheat Toast & Milk	Wholegrain Cornflakes w/ bananas & milk
Lunch	Baked Lasagna, Salad w/ Ranch, Fresh Sliced Oranges w/ milk	Cheese Pizza, Peas/Carrots & Sliced Peaches w/ Milk	Whole Wheat Tortillas, fresh corn and black bean salsa, fresh fruit & milk	Homemade Chicken Alfredo, Fresh Steamed Broccoli, Fresh Fruit & Milk	Whole Wheat Roll w/ hamburger, homemade coleslaw, fresh fruit & milk
PM Snack	Homemade Banana Pudding w/ water	Greek Yogurt w/ Graham Crackers & Water	Cottage Cheese, fresh pineapple & water	Bell Peppers w/ cream cheese & water	Fresh Cut Orange Slices, graham crackers & water
AM Snack	Whole wheat Cinn Toast w/ fresh crushed strawberries & milk	Whole Grain Waffles w/ fresh mixed berries & milk	Scrambled Eggs & whole wheat toast & milk	Whole wheat french toast sticks w/ fresh blueberries & milk	Whole grain cereal w/ bananas & milk
Lunch	Homemade Tunasalad on whole wheat wraps, steamed corn, fresh fruit & milk	Pollock Breaded Fish Nuggets, steamed lima beans and fresh pears w/ milk	Spanish Rice w/ beef crumbles, steamed corn, fresh blueberries & milk	Baked ziti, side salad and ranch, fresh sliced pineapple & milk	Cheese ravioli, steamed carrots and applesauce & milk
PM Snack	Sweet Potato Tots w/ hummus & water	Cheese sticks w/ multi-grain crackers & water	Greek Vanilla Yogurt w/ fresh fruit & water	Soft pretzels w/ fresh mango & water	Saltine crackers w/ sunbutter and homemade strawberry jam & water
AM Snack	Turkey sausage and whole grain biscuits w/ milk	Whole wheat English muffin & applebutter & milk	Baked Blueberry Muffins w/ fresh fruit & milk	Cornbread w/ homemade jam & milk	Whole grain cereal w/ bananas & milk
Lunch	Meatloaf, steamed green beans, fresh peaches & milk	Sunbutter & homemade jam on whole wheat bread, sweet potato wedges, fresh fruit salad & milk	Homemade cheese pizza, steamed carrots, fresh mango & milk	Whole grain Mac & Cheese, steamed peas/carrots w/ fresh mixed berries & milk	Chicken breast chunks, mashed potatoes, corn bowls w/ fresh mango & milk
PM Snack	Veggie Spring Rolls w/ water	Goldfish, fresh sliced peaches & water	Cheese-Its, fresh pineapple & water	Vanilla Greek Yogurt w/ apple slices & water	Trailmix (peanut free), fresh fruit & water
AM Snack	Cinn. Raisin Bagels, Low fat cream cheese w/ milk	Strawberry Yogurt w/ fresh strawberries & milk	Whole wheat french toast sticks, fresh blueberries/peaches & milk	Whole wheat pancakes, fresh sliced oranges & milk	Whole grain cereal w/ bananas & milk
Lunch	Diced Chicken and Cheese Quesadillas, steamed corn, fresh fruit salad & milk	Baked Breaded Chicken Strips, Steamed lima beans, Fresh Berry mix & milk	Homemade chili w/ cheese and cornbread, fresh fruit & milk	Beef soft tacos w shredded lettuce, diced tomatoes and cheese, fresh fruit salad w/ milk	Whole wheat English Muffin Pizzas, steamed green beans w/ fresh mixed berries & milk
PM Snack	Graham Crackers w/ cinn. Apples & water	Homemade Salsa w/ homemade pita chips & water	Cucumbers w/ ranch, saltine crackers & water	Fresh sliced watermelon w/ graham crackers & water	Goldfish crackers w/ cranberries & water

Whole grain waffles blueberries w/syrup				
Grilled Cheese, Vegetable Soup, Mandarin Oranges.				
Grapes w/cheese cubes & water	12	13	14	15
	Whole grain cereal w/ strawberries, milk	Whole Grain Waffles, fresh mixed berries & milk	Egg Patty on Whole Wheat Toast & Milk	Hash browns w/ fresh sliced oranges, milk
	Baked Chicken Nuggets, Steamed Peas and Sliced Peaches w/ milk	Veggie Lasagna ,mixed vegetables, applesauce, w/ milk	Baked Fish Nuggets with Green Beans and Sliced Pears	Turkey and Cheese on whole wheat, carrots, applesauce, w/ milk
	yogurt w/ dried cranberries, water	wheat Chex, with fresh blueberries water	graham crackers w/apple slices, water	Guppy Crackers &blueberries w/water
	19	20	21	22
Pancakes w/ fresh mango and milk	Whole Wheat French Toast w/ banana & Milk	Cheese Omelette, sliced apples & Milk	Baked Blueberry Muffins w/ bananas & Milk	Yogurt w/ dried cranberries, milk
Grilled cheese on whole wheat bread, fresh steamed green beans,tropical fruit & milk	Whole wheat quesadilla, steamed green beans, apple slices, milk	Grilled Cheese on whole wheat, steamed corn, strawberries and Milk	Cheeseburger Sliders, fresh steamed carrots, Pineapples Milk	Chicken BBQ on whole wheat, Steamed Peas and baked apples, milk
salsa w/ pita slices, chilled water	Baked Sweet Potatoes with Hummus & Water	Cinn. Pita with Fruit Salsa & Water	Whole wheat crackers w/ mozz. cheese, water	Cucumbers with Ranch Water
	26	27	28	29
	Whole wheat pancakes, fresh fruit w/ syrup milk	Hash brown potato, orange slices, milk	French toast, Apple slices, Milk	Whole wheat cinnamon toast , bananas, Milk
	Breaded fish nuggets, applesauce, Fresh steamed green beans, Milk	Grilled Cheese on whole wheat, steamed corn , peaches,milk	Whole Wheat Turkey Wraps, steamed carrots, pineapple, milk	Veggie Lasagna ,mixed vegetables, applesauce, w/ milk
	Sunbutter w/ banana slices & water	Cheese sticks, w/whole wheat crackers, & water	Cornbread w/ applebutter & water	Baked Sweet Potato Wedges w/ Hummus & Water
	27	28	29	30
	Whole grain cereal w/ blueberries, milk	Cheese toast w/ bananas, milk	Baked blueberry muffins, milk	Pancakes w/ fresh mango and milk

18

Whole Grain Cereal w/ mixed berries & Milk

Whole Wheat Cheese Pizza, steamed corn, sliced peaches & milk

Cheese Sticks with Multi-Grain Crackers water

25

Whole grain cereal w/ fresh blueberries, milk

Baked Chicken Strips, Steamed Green Beans with Sliced Pears

Salsa with Whole Wheat Pita Water

26

Cheese omelet w/ strawberries, milk

Macaroni & Cheese, Salad with Ranch Dressing and fresh apple slices.

Cheddar cheese rice cakes w/ bananas slices, water