October Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2	3
Breakfast			Bagels, Cream Cheese, Jelly, and	Yogurt, Fruit, and Milk	Breakfast Muffin and Milk
Lunch			Beef Spaghetti, Carrots, Apples, and Milk	Turkey Ham Mac & Cheese, Peas, Pears, and Milk	Pizza, Broccoli, Fresh Fruit, and Milk
PM Snack			Soft Pretzels, Mustard, Cheese, and Water	Graham Crackers, Applesauce and Water	Chex Mix and Water
	6	7	8	9	10
Breakfast	Breakfast Bar and Milk	Yogurt and Milk	Pancake Bites and Milk	Cereal and Milk	Breakfast Muffin and Milk
Lunch	Chicken Meatball Sub, Green Be	Sunbutter Sandwich, Carrots, Pears, and Milk	Beef Macaroni, Peas, Fruit Cocktail, and Milk	Orange Chicken, Rice, Man. Oranges and Milk	Fried Fish, Sweet Potato Fries, Pineapple, and Milk
PM Snack	Lemon Blueberry Bites and Wate	Churro Crackers and Water	Graham Crackers, Applesauce and Water	Sweet Potato Crackers, and Water	Goldfish and Water
	13	14	15	16	17
Breakfast	Breakfast Bar and Milk	Yogurt and Milk	Bagel, Egg, and Cheese Pizza and	Cereal and Milk	Breakfast Muffin and Milk
Lunch	Chicken Drummies, Pears, Peas, and Milk	Turkey & Cheese Sandwich, Carrots, Fruit Cocktail, and Milk	Meatloaf, Scalloped Potatos, Peaches, and Milk	Dino Broccoli Bites, Mixed Vegetables, Man. Oranges and Milk	Three Bean Chilli, Rice, String Beans, Pineapples, and Milk
PM Snack	Alphabet Cookies and Water	Animal Crackers, Applesauce and Water	Champ Crackers and Water	Wheat Crackers, Sunbutter and Water	Strawberry Bear Graham, Applesauce and Water
	20	21	22	23	24
Breakfast	Breakfast Bar and Milk	Breakfast Muffin and Milk	Hashbrown, Eggs, and Milk	Cereal and Milk	Yogurt and Milk
Lunch	Chicken Nuggets, Potato Wedges, Pears, and Milk	Cheese Quesadilla, Mixed Vegetables, Peaches, and Milk	Cheese Burger, String Beans, Man. Orange and Milk	Chicken and Vegetable Dumplings, Peas, Pineapples, and Milk	Pasta Marinara, Broccoli, Fresh Fruit, and Milk
PM Snack	Sweet Potato Crackers and Water	Veggie Crackers and Water	Graham Crackers, Applesauce, and Water	Apple Slices, Wow Butter, and Water	Pizza Crackers and Water
	27	28	29	30	31
Breakfast	Breakfast Bar and Milk	Cereal and Milk	Pancakes and Milk	Yogurt and Milk	Breakfast Muffin and Milk
Lunch	Cow Boy Chicken Poppers, Carrots, Pears, and Milk	Pizza Quesadilla, Corn, Fruit Cocktail, and Milk	Sunbutter Sandwich, String Beans, Pineapples, and Milk	Turkey Burger, Tater Tots, Peaches, and Milk	Stuffed Shells, Cauliflower, Fresh Fruit, and Milk
PM Snack	Oatmeal Cookies and Water	Dino Bites and Water	Graham Crackers, Wow Butter, and Water	Bug Bites and Water	Chat Snax and Water