



🕸 🛶 🗽 November Vegetarian Menu 2025 🛮 🛶



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					
Lunch					
PM Snack					
	3	4	5	6	7
AM Snack	Cereal & Milk	Yogurt & Milk	Cereal & Milk	Banana Muffin & Milk	Cereal Bar & Milk
Lunch	Veggie Parm Tenders, Penne Marinara, Fruit & Milk	Eggplant Parm, Mashed Potatoes, Fruit & Milk	Grilled Cheese, Fruit & Milk	Mac & Cheese, Broccoli, Fruit & Milk	Cheese Pizza, Fries, Fruit & Milk
PM Snack	Graham Crackers & Milk	Apple slices, Wow Butter & Milk	Pita, Apple Butter & Milk	Goldfish Crackers & Milk	Strawberry Grahams & Milk
	10	11	12	13	14
AM Snack	Apple Cinnamon Loaf & Milk	School Closed	Cereal Bar & Milk	Cereal Bar & Milk	Cereal & Milk
Lunch	Sphagetti Marinara, Veggies,	PDD Day!	Cheese Quesadilla, Buttered	Veggie Burger Slider, Tater Tots,	Penne w/Alfredo, Broccoli, Fruit
Larien	Fruit & Milk	i DD Day.	Corn, Fruit & Milk	Fruit & Milk	& Milk
PM Snack	Maple Bites & Milk		Goldfish & Milk	Apple Sticks & Milk	Manadarin Oranges & Milk
	17	18	19		21
AM Snack	Cereal Bar & Milk	Cereal & Milk		Yogurt & Milk	Cereal & Milk
Lunch	Veggie Nuggets, Honey Glazed	Macaroni & Meat Sauce, Mixed	Sunbutter & Jelly, Diced Fruit, &	Pizza Sticks, Sweet Potato Puffs,	French Toast, Hashbrowns, Fruit
	Carrots, Fruit & Milk	Veggies, Fruit & Milk	Milk	Fruit & Milk	& Milk
PM Snack	Graham Crackers & Milk	Cheez-Its & Milk	Pita, Apple Butter & Milk	Mapple Bites & Milk	Strawberry Grahams & Milk
	24		26		28
AM Snack	Cereal & Milk	Bagel w/Apple Butter & Milk		School Closed	School Closed
Lunch	Breaded Zucchini, Mashed Potatoes, Fruit & Milk	Mac & Cheese, String Beans, Fruit & Milk	Grilled Cheese, Tater Tots, Fruit & Milk	Happy Thanksgiving!	
PM Snack	Maple Bites & Milk	Yogurt & Milk	Cheese & Crackers & Milk		

Highlighted Yellow Contains Egg