



# October 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			Cereal and Milk <sup>1</sup>	Oatmeal Bars <sup>2</sup>	Cereal and Milk <sup>3</sup>
Lunch			Deli Stackers, Carrots, Pears	Mac and Cheese, Peas, Fruit Cocktail	Pizza, Green Beans, Pineapple
PM Snack			Vanilla Cookie	Ritz Crackers	Waffle Grahams
AM Snack	Cereal and Milk <sup>6</sup>	Yogurt <sup>7</sup>	Cereal and Milk <sup>8</sup>	Oatmeal Bars <sup>9</sup>	Muffins <sup>10</sup>
Lunch	Fish Nuggets, Broccoli, Applesauce	Pancake Bites, Hashbrowns, Peaches	Chicken Nuggets, Mixed Veggies, Tropical Fruit	Hamburgers, Tater Tots, Oranges	BBQ Chicken Sliders, Corn, Bananas
PM Snack	Goldfish	String Cheese and Crackers	Shortbread Cookies	Veggie Crackers	Oatmeal Cookies
AM Snack	Cereal and Milk <sup>13</sup>	Yogurt <sup>14</sup>	Bagels and Cream Cheese <sup>15</sup>	Oatmeal Bars <sup>16</sup>	
Lunch	Ham and Cheese Sandwich, Carrots, Peaches	Turkey Dogs, Mixed Veggies, Apple slices	Chicken Fajita, Black Beans, Pineapple	Ravioli, Green Beans, Pears	Chef's Choice
PM Snack	Apple Slices	Cheese Crackers	Vanilla Wafers	Sun Chips	
AM Snack	Cereal and Milk <sup>20</sup>	Yogurt <sup>21</sup>	Cereal and Milk <sup>22</sup>	Oatmeal Bars <sup>23</sup>	Muffins <sup>24</sup>
Lunch	Diced Turkey, Peas, Fruit Cocktail	Grilled Cheese Sandwich, Broccoli, Oranges	Meatloaf, Corn, Peaches	Buttered Noodles, Peas, Pineapple	Deli Stackers, Carrots, Tropical Fruit
PM Snack	Lemon Blueberry Crisps	Raisins and Graham Crackers	Cheese and Crackers	Vanilla Bear Grahams	Veggie Crackers
AM Snack	Cereal and Milk <sup>27</sup>	Yogurt <sup>28</sup>	Bagels and Cream Cheese <sup>29</sup>	Oatmeal Bars <sup>30</sup>	
Lunch	Cheeseburger, Sweet Potato Puffs, Fruit Cocktail	Mac and Cheese, Broccoli, Pineapple	Turkey and Cheese Sandwich, Mixed Veggies, Applesauce	Pizza, Green Beans, Oranges	Chef's Choice
PM Snack	Waffle Grahams	Pudding	Oatmeal Cookie	Veggie Crackers	