



# December Lunch/Snack Menu

GREEN = Wheat, Whole-Grain, & Multi-Grain Items   RED = Vegetarian Option   PURPLE = Infant/Toddler/Beginner Alternative

	MON	TUES	WED	THURS	FRI
	1	2	3	4	5
AM Snack	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	WG, Crispy Rice Cereal, 1% Milk - Whole Milk	WG Blueberry Muffin, 1% Milk, Whole Milk
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, Green Beans,	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas,	Beef or Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mixed Veggies, 1% Milk - Whole Milk	Turkey Sausage Patty (Vegetarian Griller), WG Biscuit, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk
PM Snack	Chef's Choice Day	Vanilla Wafers, fresh fruit, Water Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumbers	Animal Crackers fresh fruit, Water	Mozzarella String Cheese Th crackers, Water
	8	9	10	11	12
AM Snack	Pancake, 1% Milk Whole Milk	WG Spooner Cereal, 1% Milk - Whole Milk	Yogurt/Manago, 1% Milk, Whole Milk	WG Banana Muffin, 1% Milk - Whole Milk	Chef's Choice Day
Lunch	WG Pizza Max Stick, Mixed Veggies, Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches,	Turkey on a WG Bread (Chickpea Spread Sandwich), Diced Carrots,	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits,	Chef's Choice Day
PM Snack	WG Graham Crackers/Cheese, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs	Townhouse Crackers, Cheese Slice, Water	WG Goldfish Crackers/Fresh Fruit Water	Chef's Choice Day
	15	16	17	18	19
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Waffle, 1% Milk, Whole Milk	WG Oatmeal Bar, 1% Milk - Whole Milk	Strawberry Yogurt 1% Milk, Whole Milk	WG Crispy Rice Cereal 1% Milk, Whole Milk
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, WG, 1% Milk	Diced Chicken with Teriyak Sauce (WG Vegan Chicken Nuggets), Peas & Corn, Apple Slices, 1% Milk	Beef or Turk Crumbles w/ Tomato Sauce on a WG Bun (Vegan Crumbles), Diced Beans, Corn	Diced Turkey Ham (Vegan Crumbles), Mixed Veggies, Fruit Chestnut 1% Milk, WG, 1% Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato, Cheese, Diced Apple Tidbits, 1% Milk
PM Snack	WG Champ Bites/Fresh Fruit, Water	WG Pita, Hummus, Water	Apple Slices/yogurt, Water Diced Mandarin Oranges	Fresh Apple Slices, Sunbutter or Soybutter, Water	Townhouse Crackers, American Cheese Slice, Water
	22	23	24	25	26
AM Snack	WG Oatmeal Bar 1% Milk, Whole Milk	WG Toaste Oats Cereal, 1% Milk - Whole Milk			Chef's Choice Day
Lunch	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit,	Teryaki Roasted Chicken Bites, (WG Veg Nuggets), Brown Rice, Mandarin	School Closed Happy Holidays!	School Closed Happy Holidays!	Chef's Choice Day
PM Snack	WG Soft Pretzel Rod/Fresh Fruit, Water Banana Snack Puffs	WG Cheez Itz/Fruit, Water			Chef's Choice Day

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)   Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)   Canned fruit are in natura

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