



CHESTERBROOK ACADEMY MENU

Preschool Breakfast, Lunch, Snack

(No Beef)

GREEN = Wheat, Whole-Grain, & Multi-Grain Items

RED = Vegetarian Option

Fruit is fresh, frozen or canned in natural juice.

NOVEMBER
2025

	MON	TUE	WED	THU	FRI
November 2	NOVEMBER, 3	NOVEMBER, 4	NOVEMBER, 5	NOVEMBER, 6	NOVEMBER, 7
Snack	Mixed Breakfast Peaches, Milk 1%	Mini Cereal, Banana, Milk 1%	Vanilla Yogurt, Strawberry Slides	WG Banana Muffin, Blueberries, Milk 1%	WG Cereal, Sliced Apples, Milk 1%
Lunch	WG Pizza Max Sticks, Mixed Veggies, Mixed Fruit, Whole Milk	Grilled Chicken Patty (Chickpea Spread Sandwich) on WG Roll, Mixed Berries, Corn, Milk 1%	Grilled Cheese Sandwich, Tomato Soup, Diced Pears, Whole Milk	WG Chicken Nugget, Mixed Veggies, Pineapple Tidbits, Milk 1%	Turkey Sausage Patty, WG English Muffin, Sweet Potato Fries, Mandarin Oranges, Milk 1%
Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Sliced, String Cheese, Water	Nut Free Trail Mix, Mixed Fruit, Water	Goldfish Crackers, Fresh Orange Slices, Water	Mixed Snacks, Cheese, Water
NOVEMBER, 9	NOVEMBER, 10	NOVEMBER, 11	NOVEMBER, 12	NOVEMBER, 13	NOVEMBER, 14
Breakfast	WG Cereal, Mixed Fruit, Milk 1%	SCHOOL CLOSED	WG Oatmeal Cereal Bar, Applesauce, Whole Milk	WG Crispy Rice Cereal, Pineapple, Milk 1%	WG English Muffin, Apple Butter, Milk 1%
Lunch	Mac n' Cheese, Green Beans, Diced Peaches, Milk 1%	Professional Development Day	Turkey Crumble (Vegan Crumble) Parm Sandwich, Stringbeans, Applesauce, Milk 1%	Turkey Meatloaf (Veg Burger Griller), Mashed Potatoes, Diced Peaches, Milk 1%	WG Cheese Ravioli, Diced Fruit Cocktail, Diced Carrots, Milk 1%
Snack	Goldfish Crackers, Mandarin Oranges, Water		Townhouse Crackers, American Cheese Slice, Water	Mozzarella String Cheese, Apple Slices, Water	1/2 Fresh Orange, Mixed Snack, Water
NOVEMBER, 16	NOVEMBER, 17	NOVEMBER, 18	NOVEMBER, 19	NOVEMBER, 20	NOVEMBER, 21
Breakfast	WG Oatmeal Cereal Bar, Orange Slices, Milk 1%	WG Cereal, 1/2 Banana, Milk 1%	French Toast Sticks, Strawberry Slices, Milk 1%	Vanilla Yogurt, Diced Mango, Milk 1%	CHEF'S CHOICE
Lunch	Turkey, American Cheese, WG Tortilla, (Chickpea Spread Sandwich), Corn, Mandarin Oranges, Milk 1%	BBQ Diced Chicken, WG Hawaiian Slider, Broccoli, Pineapple Tidbits, Milk 1%	WG Pizza Dice, Peas and Carrots, Pears, Milk 1%	Thanksgiving Lunch Diced Turkey in Gravy (Veg Sausage Patty), Mashed Potatoes, Peas, Cranberry Sauce, Cornbread Milk 1%	
Snack	WG Soft Pretzel Rod, Apple Sauce, Water	CheezIt Crackers, Peach Slices, Water	Baby Carrots, Tzatziki Dip, Water	Fresh Apple Slices, Graham Crackers, Water	
NOVEMBER, 23	NOVEMBER, 24	NOVEMBER, 25	NOVEMBER, 26	NOVEMBER, 27	NOVEMBER, 28
Breakfast	WG Cereal bar, Mixed Fruit,	English Muffin, Applebutter, Milk 1%	WG Oatmeal Cereal Bar, Applesauce, Milk 1%	HAPPY THANKSGIVING!	HAPPY THANKSGIVING!
Lunch	Grilled Cheese on WG Bread, Tomato Soup, Fruit Cocktail, Milk 1%	Teriyaki Roasted Chicken Bites (WG Chic Nugget Vegan), Brown Rice, Mandarin Oranges, Corn, Milk 1%	Chicken Alfredo, WG Pasta, Sweet Peas, Tropical Fruit Mix, Milk 1%	SCHOOL CLOSED	SCHOOL CLOSED
Snack	Townhouse Crackers, String Cheese, Water	Vanilla Wafers, Yogurt, Water	Early Closure 3pm		

Preschool Serving Size Key: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2oz)