



# December Lunch/Snack Menu

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler/Beginner Alternative

	MON	TUES	WED	THURS	FRI	NOTES
	1	2	3	4	5	Notes
AM Snack	Chef's Choice Day	Cereal, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Cereal, 1% Milk - Whole Milk	WG Blueberry Muffin, 1% Milk, Whole Milk	
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Sweet Peas, 1% Milk - Whole Milk	Beef or Turkey Meatloaf WG roll, (Vegetarian Griller), Diced Peaches, 1% Milk - Whole Milk	Turkey Sausage Patty (Vegetarian Griller), WG Biscuit, Diced Carrots, 1% Milk, Whole Milk	
PM Snack	Chef's Choice Day	Vanilla Wafers, Water Banana Snack Puffs	Goldfish Water	Animal Crackers, Water	Cheese slices with crackers, Water WG Toasted Oats & Applesauce	
	8	9	10	11	12	Notes
AM Snack	WG Banana Muffin, 1% Milk - Whole Milk	WG Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk	Chef's Choice Day	
Lunch	WG Pizza Max Stick, Mixed Veggies., 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, 1% Milk, Whole Milk	Turkey on a WG Bread (Chickpea Spread Sandwich), Diced Carrots, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, 1% Milk, Whole Milk	Chef's Choice Day	
PM Snack	WG Graham Crackers, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs	Townhouse Crackers, Cheese Slice, Water	WG Goldfish Crackers Water	Chef's Choice Day	
	15	16	17	18	19	Notes
AM Snack	WG Apple Cinnamon Loaf, 1% Milk, Whole Milk	WG Cereal 1% Milk, Whole Milk	WG Oatmeal Bar, 1% Milk - Whole Milk	Strawberry Yogurt 1% Milk, Whole Milk	WG Crispy Rice Cereal 1% Milk, Whole Milk	
Lunch	Mac N Cheese with WG Pasta, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyak Sauce (WG Vegan Chicken Nuggets), Peas & Carrots, 1% Milk - Whole Milk, Applesauce	Beef or Turk Crumbles w/ Tomato Sauce on a WG Bun (Vegan Crumbles), Diced Pears, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), WG roll, Broccoli, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, 1% Milk - Whole Milk	
PM Snack	WG Champ Bites, Water Banana Snack Puffs	WG Pita, Hummus, Water	Apple Slices, Water Diced Mandarin Oranges	soft pretzels, Water WG Graham Crackers	Townhouse Crackers, American Cheese Slice, Water	
	22	23	24	25	26	Notes
AM Snack	WG Oatmeal Bar 1% Milk, Whole Milk	WG Cereal, 1% Milk - Whole Milk			Chef's Choice Day	
Lunch	Cheese Pizza with WG Crust, Peas & Carrots, 1% Milk, Whole Milk	Teryaki Roasted Chicken Bites, (WG Veg Nuggets), Brown Rice, Mandarin Oranges, 1% Milk, Whole Milk	School Closed Happy Holidays!	School Closed Happy Holidays!	Chef's Choice Day	
PM Snack	Animal crackers, Water Banana Snack Puffs	WG Cheez Itz, Water			Chef's Choice Day	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.