



Please CIRCLE the menu options you would like to order:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Chicken Alfredo Pasta with Steamed Organic Broccoli and Shredded Cheese on top Unsweetened Applesauce	2 Fish Sticks & "Chips" Breaded Fish Sticks Enriched Basmati White Rice Steamed Baby Carrots and Lentils Mandarins	3 Roasted Turkey Bites Green Beans Mashed Potato Corn Muffin Seasonal Fresh Fruit	4 Baked Cheesy Chicken Taquitos Roasted Potato Medley and Edamame Seasonal Fresh Fruit	5 PIZZA	6
7	8 Baked Diced Chicken Fresh Mashed Potato with Steamed Organic Broccoli and Buttery Corn Pasture-Raised Chicken Breast Unsweetened Applesauce	9 Three Cheese Ravioli with Fresh Tomato Sauce and Fresh Tomato Slices Soft Roll on the side Mandarins	10 Chicken Quesadilla Soft Flour Tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Brown Baby Carrots on the side Seasonal Fresh Fruits	11 Lean Ground Beef with Vegetable Mix Enriched Basmati White Rice and Organic Beans Seasonal Fresh Fruit	12 PIZZA	13
14	15 Creamy Polenta Bolognese with Enriched Bolognese Beef Sauce and Carrots Shredded Parmesan Cheese on top Unsweetened Applesauce	16 Popcorn Chicken Enriched Basmati White Rice with Carrots Homemade Creamed Corn Mandarins	17 Cheese Burger Party Premium Potato Buns, Homemade Beef-Broccoli-Quinoa patties Premium Martin Potato Buns Homemade Cauliflower-Potato Tots Seasonal Fresh Fruit	18 Chicken Stir Fry with Veggies (Broccolis, Cauli, Carrots and Bell Peppers) Enriched Basmati White Rice Organic Beans Seasonal Fresh Fruit	19 PIZZA	20
21	22 Chicken and Vegetable Dumplings Brown Rice and Quinoa Veggie Stir Fry and Edamame NON VPK DAY Unsweetened Applesauce	23 Christmas Brunch Mini Pancakes with Sugar-Free Jelly Egg Muffins with Spinach and Turkey Turkey Sausage and Cauli Potato Tots NON VPK DAY Milk and Cookies	24 Christmas Eve CLOSED	25 Merry Christmas! CLOSED	26 PIZZA No VPK	27
28	29 Ground Beef with Veggies (Carrots, Corn, Peas and Green Beans) Enriched Basmati White Rice Organic Beans NON VPK DAY Unsweetened Applesauce	30 Oven-Baked Fish Cakes Roasted Baby Potatoes Sweet Corn & Pea Medley Lemon Yogurt Dip NON VPK DAY Mandarins	31 Beef Empanadas with potatoes, carrots and cauliflower Enriched Basmati Mexican Rice with Organic Steamed Broccoli NON VPK DAY - Closing at 3:00pm Seasonal Fresh Fruit	1 Happy New Year! CLOSED		
		\$7.80 X _____ = _____ \$6.00 X _____ = _____				