



December Vegetarian Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1 Apple Cinnamon Loaf & Milk	2 Cereal & Milk	3 Cereal Bar & Milk	4 Yogurt & Milk	5 Cereal & Milk
Lunch	Macaroni & Cheese, Broccoli, Fruit & Milk	Penne Marinara, Carrots & Peas, Fruit & Milk	Cheese Quesadilla, Buttered Corn, Fruit & Milk	Breaded Zucchini Sticks, Mashed Potatoes, Fruit & Milk	Veggie Eggrolls, Veggie Fried Rice, Fruit & Milk
PM Snack	Maple Bites & Milk	Cheez-Its & Milk	Cheese, Crackers & Milk	Apple Sticks & Milk	Mandarin Oranges & Milk
AM Snack	8 Cereal & Milk	9 Yogurt & Milk	10 Cereal & Milk	11 Banana Muffin & Milk	12 Cereal bar & Milk
Lunch	Grilled Cheese, Tater Tots, Fruit & Milk	Chicken & Broccoli Alfredo, Fruit & Milk	Sunbutter & Jelly, Fruit & Milk	Veggie Nuggets, Sweet Potato Puffs, Fruit & Milk	Eggplant Parm, Veggie Stuffing, Fruit & Milk
PM Snack	Graham Crackers & Milk	Apple Slices, Wow Butter & Milk	Pita, Apple Butter & Milk	Goldfish Crackers & Milk	Strawberry Grahams & Milk
AM Snack	15 Apple Cinnamon Loaf & Milk	16 Bagel w/Apple Butter & Milk	17 Cereal Bar & Milk	18 Yogurt & Milk	19 Cereal & Milk
Lunch	Veggie Terriyaki Stir Fry W/Rice (no sesame) Fruit & Milk	Cheese Pizza, Tater Tots, Fruit & Milk	Grilled Cheese, Buttered Carrots, Fruit & Milk	Pancakes, Hashbrowns, Fruit & Milk	Veggie Parm Nuggets, Mashed Potatoes, Fruit & Milk
PM Snack	Maple Bites & Milk	Yogurt & Milk	Goldfish & Milk	Apple Sticks & Milk	Mandarin Oranges & Milk
AM Snack	22 Cereal Bar & Milk	23 Cereal & Milk	24 School Closed	25 School Closed	26 Cereal & Milk
Lunch	Penne Pasta, Chick Peas, Fruit & Milk	Grilled Cheese, Sweet Mashed Potatoes, Fruit & Milk	Christmas Eve!	Merry Christmas!	Parmesan Butter Noodles, Mixed Veggies, Fruit & Milk
PM Snack	Graham Crackers & Milk	Cheez-Its & Milk			Strawberry Grahams & Milk
AM Snack	29 Cereal & Milk	30 Bagel w/Apple Butter & Milk	31 Cereal Bar & Milk		
Lunch	Mac & Cheese, Green Beans, Fruit & Milk	French Toast, Hashbrowns, Fruit & Milk	Sunbutter & Jelly, Fruit & Milk		
PM Snack	Maple Bites & Milk	Yogurt & Milk	Cheese, Crackers & Milk		

Highlighted Yellow Contains Egg