



# December Lunch/Snack Menu

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MON	TUES	WED	THURS	FRI	NOTES
	1	2	3	4	5	Notes
AM Snack	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Strawberries 1% Milk - Whole Milk	WG, Crispy Rice Cereal, Bananas 1% Milk - Whole Milk	WG Blueberry Muffin, Peaches 1% Milk, Whole Milk	
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, Green Beans, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Beef or Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mixed Veggies, 1% Milk - Whole Milk	Turkey Sausage Patty (Vegetarian Griller), WG Biscuit, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	
PM Snack	Chef's Choice Day	Vanilla Wafers, Mango, Water	Cucumber Slices, Hummus, Water - Diced Cucumbers	Yogurt w/ Strawberries, Water	Mozzarella String Cheese, Crackers Water	
	8	9	10	11	12	Notes
AM Snack	Pancake, Pineapple Tidbits 1% Milk Whole Milk	WG Spooner Cereal, Bananas 1% Milk - Whole Milk	Yogurt, Strawberries 1% Milk, Whole Milk	WG Banana Muffin, Blueberries 1% Milk - Whole Milk	Chef's Choice Day	
Lunch	WG Pizza Max Stick, Mixed Veggies. Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Peas, 1% Milk, Whole Milk	Turkey on a WG Bread (Chickpea Spread Sandwich), Diced Carrots, Diced Pears, 1% Milk, Whole Milk	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Chef's Choice Day	Did chicken patties on Monday and pizza on Tuesday
PM Snack	WG Graham Crackers, Water	Fresh Apple Slices, Sunbutter, Water Strawberry/Apple Puffs	Townhouse Crackers, Cheese Slice, Water	WG Goldfish Crackers, Fresh Fruit Water	Chef's Choice Day	
	15	16	17	18	19	Notes
AM Snack	WG Apple Cinnamon Loaf, Baked Apples 1% Milk, Whole Milk	WG Waffle, Fresh Fruit 1% Milk, Whole Milk	WG Oatmeal Bar, Peaches 1% Milk - Whole Milk	Strawberry Yogurt, Fresh Strawberries 1% Milk, Whole Milk	WG Crispy Rice Cereal, Apple Slices 1% Milk, Whole Milk	Apple Cinnamon Muffin instead of the LOAF
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyak Sauce (WG Vegan Chicken Nuggets), Peas & Carrots, Apple Slices, 1% Milk - Whole Milk, Applesauce	Beef or Turk Crumbles w/ Tomato Sauce on a WG Bun (Vegan Crumbles), Diced Pears, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk	
PM Snack	WG Champ Bites, Water Banana Snack Puffs	Teddy Grahams with Fruit Cups Water	Miscellaneous, Water Apple Slices	Granola Bar with juice WG Graham Crackers	Decorate Sugar Cookies with Milk	Substituted the diced mandarin oranges for sunflower butter
	22	23	24	25	26	Notes
AM Snack	WG Oatmeal Bar, Blueberries 1% Milk, Whole Milk	WG Toaste Oats Cereal, Bananas 1% Milk - Whole Milk			Chef's Choice Day- Ceral	
Lunch	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Teryaki Roasted Chicken Bites, (WG Veg Nuggets), Brown Rice, Mandarin Oranges, Corn, 1% Milk, Whole Milk	School Closed Happy Holidays!	School Closed Happy Holidays!	Chef's Choice Day-Chicken Tenders and fries	
PM Snack	WG Soft Pretzel Rod, Mozz Cheese Sticks Water Banana Snack Puffs	WG Cheez Itz, Apple Slices Water			Chef's Choice Day- Teddy Grahams and Juice	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.