

December Food Service Calendar

CA EST. 1985

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

EDUC	CATION GROUP MON	TUES	WED	THURS	FRI	NOTES
Breakfast	1 Chef's Choice Day			4 WG French Toast Sticks, 1/2 Banana, 1% Milk - Whole Milk	5 WG Blueberry Muffin, Diced Pears, 1% Milk, Whole Milk	Notes
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, Green Beans, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	Beef or Turkey Meatloaf (Vegetarian Griller), Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Scrambled Egg Patty, WG Biscuit, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk	
PM Snack	Chef's Choice Day	Vanilla Wafers, Strawberry Yogurt, Water - Banana Snack Puffs	Cucumber Slices, Hummus, Water - Diced Cucumber	Diced Mandarin Oranges, Animal Crackers, Water	Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce	
Breakfast	8 WG Pancake, Mixed Berries, 1% Milk - Whole Milk	9 WG Spooner Cereal, Strawberry Slices, 1% Milk - Whole Milk	10 Diced Mangoes, Yogurt, 1% Milk, Whole Milk	11 WG Banana Muffin, Blueberries, 1% Milk - Whole Milk	12 WG Scooters Cereal, 1/2 Banana, 1% Milk - Whole Milk	Notes
Lunch	Pizza Max Stick with WG Breading (Mozzarella Cheese Pizza), Mixed Veggies. Tropical Fruit, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Corn, 1% Milk, Whole Milk	Sunbutter on WG Bread, Diced Carrots, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Turkey Sausage Patty (Vegetarian Patty), Mandarin Orange, Sweet Potato Fries, 1% Milk - Whole Milk	
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water- Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	
	15	16	17	18	19	Notes
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Berry Mix, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk	WG Scooters Cereal, 1/2 Banana, 1% Milk, Whole Milk	
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyak Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk - Whole Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun (Vegan Crumbles), Applesauce, Grean Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk	
PM Snack	WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water	
Breakfast	22 WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	23 WG Toaste Oats Cereal, 1/2 Banana, 1% Milk - Whole Milk	24	25	26 Chef's Choice Day	Notes
Lunch	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Diced or Shredded Chicken with BBQ Sauce (Vegan Crumbles), Broccoli, Pineapple Tidbits, 1% Milk, Whole Milk	School Closed - Happy Holidays!	School Closed - Happy Holidays!	Chef's Choice Day	
PM Snack	WG Soft Pretzel Rod, Applesauce, Water - Diced WG Soft Pretzel Rod	WG Cheez Itz, Water			Chef's Choice Day	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)

Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)

Canned fruit are in natural juices.