

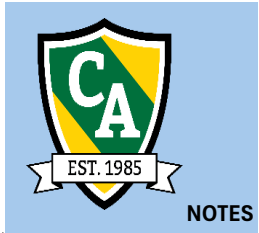


January Food Service Calendar

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative

	MON	TUES	WED	THURS	FRI
	Dec. 29	Dec. 30	Dec. 31	1	2
Breakfast	Chef's Choice Day	WG Mini Bagel, Applebutter, Milk	WG Cereal Oatmeal Bar, Applesauce, Milk		WG Blueberry Muffin, Diced Pears, Milk
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla, Diced Pears, Green Beans, Milk	Diced Chicken Alfredo with WG Pasta, Tropical Fruit, Sweet Peas, Milk	School Closed - Happy New Year!	Scrambled Egg Patty, WG Biscuit, Diced Carrots, Fruit Mix, Milk
PM Snack	Chef's Choice Day	Vanilla Wafers, Strawberry Yogurt, Water	Early Dismissal		Wheat Thin Crackers, Mozzarella String Cheese, Water
	5	6	7	8	9
Breakfast	WG Pancake, Mixed Berries, Milk	WG Spooner Cereal, Strawberry Slices, Milk	Diced Mangoes, Yogurt, Milk	WG Banana Muffin, Blueberries, Milk	WG Scooters Cereal, 1/2 Banana, Milk
Lunch	Pizza Max Stick with WG Breeding (Mozzarella Cheese Pizza), Mixed Veggies, Tropical Fruit, Whole Milk	Chicken Patty on WG Bread, Diced Peaches, Corn, Milk	Sunbutter on WG Bread, Diced Carrots, Diced Pears, Milk	WG Chicken Nuggets, Pineapple Tidbits, Green Beans, Milk	Hamburger Patty, Mandarin Orange, Sweet Potato Fries, 1% Milk - Whole Milk
PM Snack	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices
	12	13	14	15	16
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, Milk	WG Waffle, Berry Mix, Milk	WG Cereal Oatmeal Bar, Fresh Fruit, Milk	Yogurt, WG Vanilla Graham Bears, Milk	WG Scooters Cereal, 1/2 Banana, Milk
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches, Milk	Diced Chicken with Teriyaki Sauce, Brown Rice, Corn, Mandarin Oranges, Milk	Beef or Turkey Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Applesauce, Green Beans, Milk	Diced Turkey Ham, Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potato Coins, Pineapple Tidbits, Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water	Townhouse Crackers, American Cheese Slice, Water
	19	20	21	22	23
Breakfast		WG Toaste Oats Cereal, 1/2 Banana, Milk	WG Oatmeal Cereal Bar, 1/2 Orange, Milk	WG French Toast Sticks, 1/2 Banana, Milk	Chef's Choice Day
Lunch	MLK Day - School Closed	Diced or Shredded Chicken with BBQ Sauce, Broccoli, Pineapple Tidbits, Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, Milk	Beef or Turkey Meatloaf, Diced Peaches, Mashed Potatoes, Milk	Chef's Choice Day
PM Snack		WG Cheez Itz, Water	WG Soft Pretzel Rod, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water	Chef's Choice Day
	26	27	28	29	30
Breakfast	WG Apple Cinnamon Loaf, Tropical Fruit, Milk	WG Waffle, Berry Mix, Milk	WG Cereal Oatmeal Bar, Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk	WG Scooters Cereal, 1/2 Banana, Milk
Lunch	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches, Milk	Diced Chicken with Teriyaki Sauce, Brown Rice, Corn, Mandarin Oranges, Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Applesauce, Green Beans, Milk	Diced Turkey Ham, Cornbread Loaf, Mixed Veggies, Fruit Cocktail, Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potato Coins, Pineapple Tidbits, Milk
PM Snack	WG Champ Bites, Mandarin Oranges, Water	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water	Townhouse Crackers, American Cheese Slice, Water

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.



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