



# January Food Service Calendar

GREEN = Wheat, Whole-Grain, & Multi-Grain Items   RED = Vegetarian Option   PURPLE = Infant/Toddler Alternative

		MON	TUES	WED	THURS	FRI
		Dec. 29	Dec. 30	Dec. 31	1	2
<b>Breakfast</b>	Chef's Choice Day	WG Mini Bagel, Applebutter, Milk	WG Cereal Oatmeal Bar, Applesauce, Milk		WG Blueberry Muffin, Diced Pears, Milk	
<b>Lunch</b>	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla, Diced Pears, Green Beans, Milk	Diced Chicken Alfredo with WG Pasta, Tropical Fruit, Sweet Peas, Milk	School Closed - Happy New Year!	Scrambled Egg Patty, WG Biscuit, Diced Carrots, Fruit Mix, Milk	
<b>PM Snack</b>	Chef's Choice Day	Vanilla Wafers, Strawberry Yogurt, Water	Early Dismissal		Wheat Thin Crackers, Mozzarella String Cheese, Water	
	5	WG Spooner Cereal, Strawberry Slices, Milk	6	Diced Mangoes, Yogurt, Milk	7	8
<b>Breakfast</b>	WG Pancake, Mixed Berries, Milk			WG Banana Muffin, Blueberries, Milk		WG Scooters Cereal, 1/2 Banana, Milk
<b>Lunch</b>	Pizza Max Stick with WG Breading (Mozzarella Cheese Pizza), Mixed Veggies, Tropical Fruit, Whole Milk	Chicken Patty on WG Bread, Diced Peaches, Corn, Milk	Sunbutter on WG Bread, Diced Carrots, Diced Pears, Milk	WG Chicken Nuggets, Pineapple Tidbits, Green Beans, Milk	Hamburger Patty, Mandarin Orange, Sweet Potato Fries, 1% Milk - Whole Milk	
<b>PM Snack</b>	WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	
	12	WG Apple Cinnamon Loaf, Tropical Fruit, Milk	13	WG Cereal Oatmeal Bar, Fresh Fruit, Milk	14	15
<b>Breakfast</b>		WG Waffle, Berry Mix, Milk		Yogurt, WG Vanilla Graham Bears, Milk		WG Scooters Cereal, 1/2 Banana, Milk
<b>Lunch</b>	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches, Milk	Diced Chicken with Teriyaki Sauce, Brown Rice, Corn, Mandarin Oranges, Milk	Beef or Turkey Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Applesauce, Green Beans, Milk	Diced Turkey Ham, Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potato Coins, Pineapple Tidbits, Milk	
<b>PM Snack</b>	WG Champ Bites, Mandarin Oranges, Water	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water	Townhouse Crackers, American Cheese Slice, Water	
	19	WG Toaste Oats Cereal, 1/2 Banana, Milk	20	WG Oatmeal Cereal Bar, 1/2 Orange, Milk	21	22
<b>Breakfast</b>				WG French Toast Sticks, 1/2 Banana, Milk		Chef's Choice Day
<b>Lunch</b>	MLK Day - School Closed	Diced or Shredded Chicken with BBQ Sauce, Broccoli, Pineapple Tidbits, Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, Milk	Beef or Turkey Meatloaf, Diced Peaches, Mashed Potatoes, Milk		Chef's Choice Day
<b>PM Snack</b>		WG Cheez Itz, Water	WG Soft Pretzel Rod, Applesauce, Water	Diced Mandarin Oranges, Animal Crackers, Water		Chef's Choice Day
	26	WG Apple Cinnamon Loaf, Tropical Fruit, Milk	27	WG Cereal Oatmeal Bar, Milk	28	29
<b>Breakfast</b>		WG Waffle, Berry Mix, Milk		Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk		WG Scooters Cereal, 1/2 Banana, Milk
<b>Lunch</b>	Mac N Cheese with WG Pasta, Broccoli, Diced Peaches, Milk	Diced Chicken with Teriyaki Sauce, Brown Rice, Corn, Mandarin Oranges, Milk	Beef or Turk Crumbles w/ Tomato Sauce & Cheese on a WG Bun, Applesauce, Green Beans, Milk	Diced Turkey Ham, Cornbread Loaf, Mixed Veggies, Fruit Cocktail, Milk	Beef or Turkey Burger with Cheese on a WG Bun, Potato Coins, Pineapple Tidbits, Milk	
<b>PM Snack</b>	WG Champ Bites, Mandarin Oranges, Water	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water	Townhouse Crackers, American Cheese Slice, Water	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz)   Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz)   Canned fruit are in natural juices.



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