



# January Vegetarian Menu 2026



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				School Closed	1 Cereal & Milk
Lunch				Happy New Year!	2 Broccoli Alfredo Penne, Fruit & Milk
PM Snack					Mandarin Oranges & Milk
AM Snack	5 Cereal & Milk	6 Yogurt & Milk	7 Cereal & Milk	8 Banana Muffin & Milk	9 Cereal bar & Milk
Lunch	Veggie Nuggets, Mac & Cheese, Fruit & Milk	Veggie Burger Slider, Tater Tots, Fruit & Milk	Sunbutter & Jelly, Fruit & Milk	Pancakes, Hashbrowns, Fruit & Milk	Taco Seasoned Rice w/ Bell Peppers, Fruit & Milk
PM Snack	Graham Crackers & Milk	Apple Slices, Wow Butter & Milk	Pita, Apple Butter & Milk	Goldfish Crackers & Milk	Strawberry Grahams & Milk
AM Snack	12 Apple Cinnamon Loaf & Milk	13 Bagel w/Apple Butter & Milk	14 Cereal Bar & Milk	15 Yogurt & Milk	16 Cereal & Milk
Lunch	Eggplant Parm, Mashed Potatoes, Frit & Milk	Cheese Pizza, Sweet Potato Puffs, Fruit & Milk	Grilled Cheese Sandwich, Diced Fruit & Milk	Breaded Zucchini, Penne Marinara, Fruit & Milk	Mac & Cheese, Broccoli, Fruit & Milk
PM Snack	Maple Bites & Milk	Yogurt & Milk	Goldfish & Milk	Apple Sticks & Milk	Mandarin Oranges & Milk
AM Snack	19 School Closed	20 Cereal & Milk	21 Yogurt & Milk	22 Banana Muffin & Milk	23 Cereal & Milk
Lunch	MLK Day	Alfredo Pasta, Mixed Veggies, Fruit & Milk	Cheese Quesadilla, Corn, Fruit & Milk	Pizza Sticks, Honey Glazed Carrots, Fruit & Milk	Terriyaki Veggies(no sesame), Rice, Fruit & Milk
PM Snack		Cheez-Its & Milk	Apple Slices, Wow Butter & Milk	Goldfish Crackers & Milk	Strawberry Grahams & Milk
AM Snack	26 Cereal & Milk	27 Bagel w/Apple Butter & Milk	28 Cereal Bar & Milk	29 Apple Cinnamon Loaf & Milk	30 Cereal & Milk
Lunch	French Toast, Hashbrowns, Fruit & Milk	Buttered Noodles, Peas & Carrots, Fruit & Milk	Sunbutter & Jelly, Fruit & Milk	Veggie Nuggets, Cheese Broccoli, Fruit & Milk	Penne Marinara, Mixed Veggies, Fruit & Milk
PM Snack	Maple Bites & Milk	Yogurt & Milk	Cheese, Crackers & Milk	Apple Sticks & Milk	Mandarin Oranges & Milk

Highlighted Yellow Contains Egg