



# January Food Service Calendar

GREEN = Wheat, Whole-Grain, & Multi-Grain Items RED = Vegetarian Option PURPLE = Infant/Toddler Alternative



		MON	TUES	WED	THURS	FRI	NOTES
		Dec. 29	Dec. 30	Dec. 31	1	2	Notes
Breakfast	Chef's Choice Day	WG Mini Bagel, Applebutter, 1% Milk - Whole Milk	WG Cereal Oatmeal Bar, Applesauce, 1% Milk - Whole Milk		WG Blueberry Muffin, Cereal, Diced Pears, 1% Milk, Whole Milk		
Lunch	Chef's Choice Day	Turkey Taco & Cheese on a WG Tortilla (Veggie Eggroll), Diced Pears, Green Beans, 1% Milk - Whole Milk	Diced Chicken Alfredo with WG Pasta (Vegan Crumbles), Tropical Fruit, Sweet Peas, 1% Milk - Whole Milk	School Closed - Happy New Year!	Scrambled Egg Patty, WG Biscuit, Diced Carrots, Fruit Mix, 1% Milk, Whole Milk		BLUE = Egg Alternative
PM Snack	Chef's Choice Day	Vanilla Wafers, Yogurt, Water - Banana Snack Puffs	Townhouse Crackers, Hummus, Water - Diced Cucumber		Wheat Thin Crackers, Mozzarella String Cheese, Water - WG Toasted Oats & Applesauce		
		5	6	7	8	9	Notes
Breakfast		WG Pancake, Syrup, 1% Milk - Whole Milk	WG Spooner Cereal, 1% Milk - Whole Milk	Yogurt, 1% Milk, Whole Milk	WG Banana Muffin, Oatmeal Bar, 1% Milk - Whole Milk	WG Scooters Cereal, 1% Milk - Whole Milk	
Lunch		Pizza Max Stick with WG Breeding (Mozzarella Cheese Pizza), Mixed Veggies, Fruit Cocktail, 1% Milk, Whole Milk	Chicken Patty on WG Bread (Vegetarian Griller), Diced Peaches, Corn, 1% Milk, Whole Milk	Sunbutter & Jelly on WG Bread, Diced Carrots, Diced Pears, 1% Milk, Whole Milk, Cheese on WG Bread	WG Chicken Nuggets (WG Vegan Chicken Nuggets), Pineapple Tidbits, Green Beans, 1% Milk, Whole Milk	Turkey Sausage Patty (Vegetarian Patty), Mandarin Orange, Sweet Potato Fries, 1% Milk - Whole Milk	BLUE = Egg Alternative
PM Snack		WG Graham Crackers, Applesauce, Water	Fresh Apple Slices, Sunbutter, Water - Strawberry/Apple Puffs, Applesauce	Townhouse Crackers, American or Cheddar Cheese Slice, Water	WG Goldfish Crackers, Applesauce, Water	Cucumber Slices, Tzatziki Dip, Water - Diced Cucumber Slices	
		12	13	14	15	16	Notes
Breakfast		WG Apple Cinnamon Loaf, Cereal, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Mandarin Oranges, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk	WG Scooters Cereal, 1% Milk, Whole Milk	
Lunch		Mac N Cheese with WG Pasta, Sunbutter & Jelly Sandwich, Broccoli, Diced Peaches 1% Milk, Whole Milk	WG Vegan Chicken Nuggets, Brown Rice, Corn, Mandarin Oranges, 1% Milk Whole Milk	Turkey Crumbles w/ Tomato Sauce & WG Pasta (Vegan Crumbles), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk	BLUE = Egg Alternative
PM Snack		WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, WG Toasted Oats Water	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water	
		19	20	21	22	23	Notes
Breakfast			WG Toasted Oats Cereal, 1% Milk - Whole Milk	WG Oatmeal Cereal Bar, 1/2 Orange, 1% Milk, Whole Milk	WG French Toast Sticks, Apple Slices, 1% Milk - Whole Milk	Chef's Choice Day	
Lunch	MLK Day - School Closed		Diced or Shredded Chicken with BBQ Sauce (Vegan Crumbles), Broccoli, Pineapple Tidbits, 1% Milk, Whole Milk	Cheese Pizza with WG Crust, Peas & Carrots, Tropical Fruit, 1% Milk, Whole Milk	Vegan Griller, Diced Peaches, Mashed Potatoes, 1% Milk - Whole Milk	Chef's Choice Day	BLUE = Egg Alternative
PM Snack			WG Cheez Itz, Water	WG Soft Pretzel Rod, Applesauce, Water - Diced WG Soft Pretzel Rod	Diced Mandarin Oranges, Animal Crackers, Water	Chef's Choice Day	
		26	27	28	29	30	Notes
Breakfast		WG Apple Cinnamon Loaf, Cereal, Tropical Fruit, 1% Milk, Whole Milk	WG Waffle, Syrup, 1% Milk, Whole Milk	WG Cereal Oatmeal Bar, 1% Milk - Whole Milk	Yogurt, WG Vanilla Graham Bears, 1% Milk, Whole Milk	WG Scooters Cereal, 1% Milk, Whole Milk	
Lunch		Mac N Cheese with WG Pasta, Sunbutter & Jelly Sandwich, Broccoli, Diced Peaches 1% Milk, Whole Milk	Diced Chicken with Teriyaki Sauce (WG Vegan Chicken Nuggets), Brown Rice, Corn, Mandarin Oranges, 1% Milk - Whole Milk	Chicken Patty on a WG Bun (Vegan Griller), Applesauce, Green Beans, 1% milk - Whole Milk	Diced Turkey Ham (Vegan Crumbles), Cornbread Loaf, Mixed Veggies, Fruit Cocktail, 1% Milk - Whole Milk	Turkey Burger with Cheese on a WG Bun (Vegetarian Griller), Potato Coins, Pineapple Tidbits, 1% Milk - Whole Milk	BLUE = Egg Alternative
PM Snack		WG Champ Bites, Mandarin Oranges, Water - Banana Snack Puffs	Apple Straws, Yogurt, Water, WG Toasted Oats	WG Pita, Hummus, Water	Fresh Apple Slices, Mozzarella String Cheese, Water - WG Toasted Oats & Diced Mandarin Oranges	Townhouse Crackers, American Cheese Slice, Water	

Infant/Toddler Serving Key Size: Milk (4oz), Fruit/Vegetable (2oz), Protein (1oz), Grain (1/2 oz) Preschool Serving Size: Milk (6oz), Fruit/Vegetable (2oz), Protein (2oz), Grain (1/2 oz) Canned fruit are in natural juices.